

DEPTT OF SAINIK WELFARE/RAJYA SAINIK BOARDS
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SI No	No of ZSBs	Office/ District	Name, Designation & Address	Telephone No.
1	13	Directorate of Sainik Welfare	ANDHRA PRADESH Brig Vanukuri Venkata Reddy (Retd) Director, Sainik Welfare, Andhra Pradesh H.No 32 -14-2C Opp-Shiva Appartment Near Shivalayam Moghalrajapuram Vijayawada-520010	0866-2471233 ((T/F) 0866-2473331 9177000036(M) sainikwelfare-ap@nic.in apsainik@gmail.com
2	00	Deptt of Relief, Rehabilitation & Settlement	ARUNACHALPRADESH Air Cmde RD Musabi (Retd) , Director Disaster Management Govt of Arunachal Pradesh New Itanagar -791110	0360-2212282(O) 0360-2213615(F) 9402583808 (M) arun01ddm@gmail.com
3	19	Deptt of Sainik Welfare	ASSAM Brig Narain Dutt Joshi, SM (Retd) Director Directorate of Sainik Welfare Sainik Bhavan, House No. 74 Lachit Nagar, Guwahati – 7 Pin- 781 007 (Assam)	0361-2522229 (T/F) 08414859281 (M) rsbassam@gmail.com
4	09	Deptt of Sainik Welfare	BIHAR Col Dilip Prasad, SM (Retd) Director , Sainik Kalyan Nideshalaya, Main Secretariat Block-2, 2 nd Floor Bihar, Patna-800015	0612-2217013 8986956435 (M) directorsknbihar@gmail.com

SI No	No ZSBs	Office/ District	Name, Designation & Address	Telephone No.
5	10	Dte of Sainik Welfare	CHHATTISGARH Brig Vivek Sharma, VSM (Retd) Director Dte of Sainik Welfare, Shashtri Chowk Near CMO Office Raipur (CG)- 492001	0771-2445165(O) 0771-2430084(F) 9596744110 (M) dirsw.cg@gmail.com
6	00	Deptt of Sainik Welfare	GOA Maj Venugopal Nair (Retd) Secretary Deptt of Sainik Welfare, Collectorate Building, Panaji – 403 001	0832-2227138 (T/F) 0832-2443236(R) 9420686834 (M) secyrsbgoa@gmail.com secy-dsw.goa@nic.in
7	09	Directorate of Sainik Welfare and Resettlement	GUJARAT Lt Col K Jethwa (Retd) Offg Director, Directorate of Sainik welfare and Resettlement, Gujarat State Gaurav Senani Bhavan, Shahibaug- Airport Road, Shahibaug, Ahmedabad-380004	079-22868348 079-22868349-50 8980037567 (M) rsb_guj@rediffmail.com
8	21	Sainik and Ardh Sainik Welfare Department	HARYANA Smt Sharandeep Kaur Brar, IAS Director, Sainik and Ardh Sainik Welfare Department Room No 67, 4 th Floor, Haryana Civil Secretariat, Chandigarh	0172-2560462 9417445533(M) superintendentdefenceone@gmail.com

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9	10	Deptt of Sainik Welfare	HIMACHAL PRADESH Brig (Retd) Madan Sheel Sharma Director Deptt of Sainik Welfare Govt of Himachal Pradesh Hamirpur - 177 001	01972-221854 (O) 7408409075 (M) dir-sw-hp@nic.in
10	06	Sainik Kalyan Nideshalaya	JHARKHAND Brig BG Pathak (Retd) Director Sainik Kalyan Nideshalaya Ranchi (Jharkhand)	0651-2330178 (T) 0651-2331434 (F) 9973572590 (M) jharkhand_skn@yahoo. In
11	13	DepttofSainik Welfare	KARNATAKA Brig MB Shashidhar (Retd) Director Deptt of Sainik Welfare & Resettlement Fd Mshl KM Cariappa Bhavan No58, Fd Mshl KM Cariappa Road, Bangalore - 560 025	080-25589459 (T/F) 9445176356 (M) dirdswrblr@gmail.com
12	14	DepttofSainik Welfare	KERALA Capt Vinod Mathew (Retd) Offg Director Deptt of Sainik Welfare Vikas Bhavan Thiruvananthapuram Pin code -693033	0471-2304980 8547716058(M) 8075505945 dswkerala@gmail.com
13	24	Deptt of Sainik Welfare	MADHYA PRADESH Brig Arun Seghal (Retd) Director Deptt of Sainik Welfare Southern Shopping Centre, Guru Teg Bahadur Complex TT Nagar, New Market P.B.NO 364 Bhopal – 462003	0755-2553992 (O) 0755-2577209 (F) 9971905621 (M) dirrsb@mp.gov.in

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14	33	Deptt of Sainik Welfare	MAHARASHTRA Shri Promod Yadav, IAS Director Deptt of Sainik Welfare Maharashtra State 'Raigad' Building Opp National War Memorial Solapur Road, Ghorpadi Pune - 411 001	020-71002601 9422306160 (M) dir.dsw@maharashtra.gov.in dsw@maharashtra.gov.in
15	02	Rajya Sainik Board	MANIPUR Col Sushil Kumar Sharma (Retd) Secretary Rajya Sainik Board Sainik Rest House Opp. Lamphel Police Station, P.O. Lamphel - 795 004 (Manipur)	038553653017(O) 08415902084 (M) rsb.manipur@gmail.com
16	02	Dte of Sainik Welfare	MEGHALAYA Col Gautam Kumar Rai (Retd) Director Directorate of Sainik Welfare, Administrative Building, Lower Lachumiere, Shillong - 1	0364-2225613 (T)/(F) 09436733959 (M) rsbmegha@rediff.com
17	04	Deptt of Sainik Welfare	MIZORAM Surg Lt Cdr Lalnuntluangi (Retd) Director Deptt of Sainik Welfare & Resettlement, Tuikual 'A', PB No.119, Aizawl - 796 001	0389-2322732 (T/F) 9862789780 (M) rsb_mzr@yahoo.in

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18	05	Rajya Sainik Board	NAGALAND Wg Cdr Rajeev Dong (Retd) Offg Director Directorate of Sainik Welfare and Resettlement Kohima Home Deptt, Govt. of Nagaland sepfuzou Colony above Alder College, High School Road PO Kohima - 797001	0370-2260150(O)/(F) 8131090539 (M) swr.directorngl@yahoo.com
19	08	Rajya Sainik Board	ODISHA Cmde Ghanashyam Ojha (Retd) Offg Secretary Rajya Sainik Board, Nageswar Tangi, Lewis Road Bhubaneswar -751 002	0674-2971077(O) 0674-2432268(F) 09953953198 (M) rsb.odisha@gov.in secyrsbbbsr@gmail.com
20	22	DepttofSainik Welfare	PUNJAB Brig Satinder Singh (Retd) Director Defence Services Welfare-cum-Secretary Rajya Sainik Board Punjab Sainik Bhawan, Sector 21-D Chandigarh - 160 022	0172- 2701845 (O) 0172- 2707345 (F) 09797477099 (M) establishmentbranch@rediffmail.com
21	24	Sainik Kalyan Vibhag	RAJASTHAN Brig Virendra Singh Rathore (Retd) Director Sainik Kalyan Vibhag Room No 7255, Second Floor, Food Building Govt Secretariat Jaipur - 302 005	0141-2227897(O) 9403236515 (M) rajasthan.sainik@rajasthan.gov.in

SI No	Noof ZSBs	Office/ District	Name, Designation & Address	Telephone No.
22	03	Rajya Sanik Board	SIKKIM Col DN Bhutia (Retd) Secretary Rajya Sainik Board, Govt of Sikkim PS Road Gangtok - 737 101	03592-233564 (O/F) 8170005757 (M) dawasikkim@gmail.com rsbgangtok@gmail.com
23	27	Deptt of Sainik Welfare	TAMIL NADU Maj VS Jaya Kumar (Retd) Addl Director, Rajya Sainik Board Dte of Ex Servicemen's Welfare 22, Raja Muthiah Salai, Choolai Chennai-600 003	044-26692256 044-26691342 044-26691747 9442107209 (M) jdexwel@tn.gov.in exweldte@tn.gov.in
24	10	Deptt of Sainik Welfare	TELANGANA Col P Ramesh Kumar (Retd) Director Sainik Welfare, 2 nd Floor, Sainik Aramghar Complex Suryanagar Colony Somajiguda Hyderabad – 500 082	040-23423211 (O) 7893550033 (M) directorrsb-ts@nic.in
25	00	Directorate of Sainik Welfare, Tripura	TRIPURA Brig Jai Prakash Tiwari (Retd) Director, Directorate of Sainik Welfare, Tripura Nehru Office Complex Gorkhabasti, P.O. Kunjaban Agartala - 799 006 West Tripura	0381-2351235 (O) 0381-2326507(T) 09402140066 (M) Rsb.tripura@gmail.com
26	14	Dte of Sainik Kalyan Evam Punarvas	UTTARAKHAND Maj Yogendra Yadav, PCS Offg. Director Sainik Kalyan, Evam Punarvas ,Uttarakhand 15C Kalidaas Marg PO - Haathibadkala Dehradun-248001	0135-2744208(O) 0135-2743773(F) 09910561116 (M) dir-soldier-uk@nic.in dskddn@gmail.com

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27	74	Sainik Kalyan Evam Punarvas	UTTAR PRADESH Brig Ravi (Retd) Director, Directorate Sainik Kalyan Evam Puranvas Cariappa Bhawan Kaiserbagh Lucknow-226001	0522-2623909 (O) 0522-2625354 (O) 07839553200 (M) dirskpnlup@nic.in
28	13	Rajya Sainik Board	WEST BENGAL Col Partha Pratim Barik (Retd) Secretary, Rajya Sainik Board, Block 'IV' (FirstFloor) Writers' Buildings Kolkata - 700 001	033-22141347(O) 8340489928 (M) Rsb-wb@gov.in
29	00	Rajya Sainik Board	ANDAMAN & NICOBAR ISLANDS (UT) Col Dharam Singh Godara (Retd) Secretary Rajya Sainik Board Veer Senani Bhawan, J.N. Road, Haddo Port Blair - 744 101	03192-235621 (T/F) 09933266495 (M) secretaryrsbandnic@gmail.com dharamgodra@yahoo.com
30	00	Zila Sainik Welfare Office	CHANDIGARH (UT) Col Anil Kumar Kundra (Retd) Secretary Zila Sainik Welfare Office (UT) Opposite Aroma Hotel Sector 21-D, Chandigarh Pin - 160022	0172-2701947(O) 09871754669 (M) zswochd@gmail.com

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31	00	Rajya Sainik Board	DELHI Cmde Ajay Saxena, VSM (Retd) Secretary, Rajya Sainik Board 4 th Floor, Tower Block, ISBT, Kashmiri gate , Delhi - 110006	011-23861360 (O) 011-23861876 (F) 08985481668 (M) rsbdelhi@nic.in
32	14	DepttofSainik Welfare	JAMMU AND KASHMIR (UT) Brig (Retd) Gurmeet Singh Shan Director Deptt of Sainik Welfare Ambphalla Jammu - 180 005 Jammu & Kashmir	0191-2561547(O) 0191-2575362(F) 09419180672 (M) directorsw-11@jk.gov.in
33	01	Zila Sainik Welfare Office	LEH AND LADAKH (UT) Zila Sainik Welfare Office, Opp SP Office Leh (Ladakh) Pin – 194 101 (J&K)	01982-252270 (O/F) zswoleh-11@jk.gov.in 09469524210 (M)
34	00	Rajya Sainik Board	PUDUCHERRY (UT) Shri YLN Reddy, PCAS Offg Director Deptt of Sainik Welfare 261, Lawspet Main Road, Pakkamudianpet, Puducherry - 605 008	0413-2250575 9442780335 sainik.pon@nic.in

ZILA SAINIK WELFARE OFFICERS/ZILA SAINIK BOARD

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
ANDHRA PRADESH				
1.	1	Ananta-puramu	Zilla Sainik Welfare Officer Sainik Bhavan Near Clock Tower Anantapuramu – 515001	08554-241146 zswopr-ap@nic.in
2.	2	Chittoor	Zilla Sainik Welfare Officer, D.No.4-479, C.B. Road, Greampet Chittoor – 517 002	08572-228682 zswocr @nic.in
3.	3	East Godavari @ Kakinada	Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada – 533 001 East Godavari District	0884-2375308 zswoggo-ap@nic.in
4.	4	Guntur	Zilla Sainik Welfare Officer, Sainik Bhavan Opp Hindu College Guntur – 522 001	0863-2225853 zswogtr-ap@nic.in
5.	5	Kadapa	Zilla Sainik Welfare Officer Sainik Bhavan Opp APS RTC Bus-stand Kadapa – 516 002	08562-244558 zswocud-ap@nic.in
6.	6	Krishna @ Vijayawada	Zilla Sainik Welfare Officer Indira Gandhi Municipal Complex Labbipet Vijayawada – 520010	0866-2473330 zswokri-ap@nic.in
7.	7	Kurnool	Zilla Sainik Welfare Officer, Sainik Bhavan, B- Camp Kurnool – 518 002	08518-229445 zswoknl@yahoo.in zswoknl-ap@nic.in

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8.	8	Prakasam – Ongole	Zilla Sainik Welfare Officer, 8th Portion, Ground Floor Old RIM Hospital Bhavan Opp: Collector Office Ongole- 523 001	08592-233086 (T/F) zswoprk-ap@nic.in
9.	9	SPS Nellore	Zilla Sainik Welfare Officer Sainik Bhavan, Kondayapalem Gate Centre, Dargamitta, SPSR Nellore – 524 004	0861-2328419 zswonel-ap@nic.in
10.	10	Srikakulam	Zilla Sainik Welfare Officer Pedda Relli Veedhi , Near St. Joseph School Srikakulam - 532 001	08942-227688 zswosrk-ap@nic.in
11.	11	Visakhapatnam	Zilla Sainik Welfare Officer Sainik Bhavan, LIG-71, D.No. 4-56-2/2 Lawson bay Colony, Post Office Road, Near Krishna Temple Behind Ushodaya Road Visakhapatnam - 530017	0891-2706511 zswovis-ap@ nic.in
12.	12	Vizianagaram	Zilla Sainik Welfare Officer Sainik Bhavan Cantonment Post Vizianagaram (Pin – 531 202)	08922-274743 zswoviz-ap@nic.in
13.	13	West Godavari @ Eluru	Zilla Sainik Welfare Officer Zila Sainik Welfare Office, D.No.11-212, 6 th Road Behind State Bank of India Sri RamNagar, Eluru - 534003	08812-253687 zswowgo@nic.in
ASSAM				
14.	1.	Cachar	Zila Sainik Welfare Officer Zila Sainik Welfare Office, Park Road Silchar PO.& Dist- Silchar Pin – 788001	03842-231115 cacharzb@gmail.com
15.	2.	Dibrugarh	Zila Sainik Welfare Officer, Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh (Pin – 786 003)	0373-2310083 dsbdib@gmail.com

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16.	3.	Dhubri	Zila Sainik Welfare Officer, Zila Sainik Welfare Office In Front of DC Office PO Dhubri - 783301	03662-232662 zswodhubri2016@gmail.com
17.	4.	Jorhat	Zila Sainik Welfare Officer Zila Sainik Welfare Office, DC Office Complex Distt Jorhat - 785 001	03762-309317 zswojorhat@gmail.com
18.	5.	Kamrup	Zila Sainik Welfare Officer Zila Sainik Welfare Office Kamrup, Guwahati-01 C/o Office of the Deputy Commissioner, Kamrup (Metro), Guwahati – 781 001	0361-2733147 zswokamrup@gmail.com
19.	6.	Kokrajahar	Zila Sainik Welfare Officer Zila Sainik Welfare Office RNB Road (Near Head Post Office) Kokrajahar – 783 370	0366-1270025 zilasainik.welfare@gmail.com
20	7.	Karbi Anglong	Zila Sainik Welfare Officer Zila Sainik Welfare Office Karbi Anglong Po – Dipu Pin – 782 460	0367-1274981 8638940640(M) zsbkarbianglong@gmail.com
21.	8.	Lakhimpur	Zila Sainik Welfare Officer Zila Sainik Welfare Office, North Lakhimpur - 787 001	03752-242228 06900060167 (M) zsb-nlp@gmail.com
22.	9.	Nagaon	Zila Sainik Welfare Officer Zila Sainik Welfare Office, P.O.Nagaon - 782 001	03672-233665 zswonagaon@gmail.com
23.	10.	Sonitpur	Zila Sainik Welfare Officer Zila Sainik Welfare Office, Dist Sonitpur PO Tezpur - 784 001	03712-233977 (O) zswotezpur@gmail.com

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24.	11.	Barpeta	Zila Sainik Welfare Officer Zila Sainik Welfare Office, DC Office Complex Dist Barpeta- 781 301	03665- 252193 (O) zswobarpeta@gmail.com
25.	12.	Goalpara	Zila Sainik Welfare Officer, Zila Sainik Welfare Office Distt Goalpara – 783 101	03663-240223 (O) zsbgoalpara@gmail.com
26.	13.	Darrang	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO- Mangaldai Dist Darrang Pin-784 152	03713-225899 (O) zswodarrang@gmail.com
27.	14.	Karimganj	Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Karimganj Pin-788710	03843-260248 (O) zswokarimganj@gmail. com
28.	15.	Kamrup (Rural)	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO – Amingaon Dist Kamrup (R) Pin – 781 031	0361-2680050 zswokamrupr@gmail.com
29.	16.	Bongaigaon	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO – Bongaigaon Dist – Bongaigaon Pin – 783 380	zswobongaigaon@gmail. com
30.	17.	Sivasagar	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO – Sivasagar Dist – Sivasagar Pin – 785 640	08638199322 (M) zswosivasagar@gmail.com zswosivasagar123@gmail.com
31.	18.	Golaghat	Zila Sainik Welfare Officer, Zila Sainik Welfare Office, DC Office Complex PO – Golaghat Dist – Golaghat Pin – 785 621	03774-282026 zswogolaghat@gmail. com

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32.	19.	Hailakandi	Zila Sainik Welfare Officer, Zila Sainik Welfare Office DC Office Complex PO – Hailakandi Dist – Hailakandi Pin – 788 151	0384-4222380 zswohailakandi@gmail.com
BIHAR				
33.	1.	Bhojpur	Zila Sainik Kalyan Karyalaya Kutchehri Road Ara-802301	0612-2217013 zskkbhojpur@gmail.com
34.	2.	Bhagalpur	Zila Sainik Kalyan Karyalaya Tilka Manjhi Bhagalpur - 812 001	0641-2400821 zskbhagalpur@gmail.com
35.	3.	Chapra	Zila Sainik Kalyan Karyalaya, New Bus Stand, Chapra - 841301	06152-236714 zsw.saran@gmail.com
36.	4.	Darbhanga	Zila Sainik Kalyan Karyalaya C/o Collectorate Darbhanga - 846001	06272-243728 zsboarddarbhanga@gmail.com
37.	5.	Gaya	Zila Sainik Kalyan Karyalaya Gaya – 823001	0631-2421708 zskkgaya@gmail.com
38.	6.	Motihari	Zila Sainik Kalyan Karyalaya Motihari -845401	06252-238278 zskkmotihari@gmail.com

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39.	7.	Munger	Zila Sainik Kalyan Karyalaya Munger	06344-227345 zskkmunger@gmail.com
40.	8.	Muzaffarpur	Zila Sainik Kalyan Karyalaya Muzaffarpur	0621-2215373 zskkmuz@gmail.com
41.	9.	Patna	Zila Sainik Kalyan Karyalaya Patna-801503	06115-229978 zskkptm123@gmail.com
CHHATTISGARH				
42.	1.	Bilaspur	District Sainik Welfare Officer, Near Colletorate Parisar Bilaspur (CG) -495 004	07752-422121(O) 07752-422121(F) zsk.bsp.cg@gmail.com
43.	2.	Durg	District Sainik Welfare Officer, Raipur Naka, Near BSNL Tower, Durg (CG) - 491 001	0788-2219939(O) 0788-2219939(F) 08333856295 (M) dswd.durg@gmail.com
44.	3.	Jagdalpur	District Sainik Welfare Officer, Surbhi Kunj, Near Balram Press, Balaji Ward, Jagdalpur, Bastar (CG)- 494001	07782-231347 (O) 07782-231347 (F) dswojdp@gmail.com
45.	4.	Raipur	District Sainik Welfare Officer, Shashtri Chowk Near CMO Office Raipur (CG) - 492001	0771-2427449 (O) 0771-2427449(F) dswd.raipur@gmail.com
46.	5.	Rajnandgaon	District Sainik Welfare Officer, Near PWD Rest House Rajnandgaon (CG) - 491 441	07744-226862(O) 07744-226862(F) dsworjn.cg@nic.in
47.	6.	Jashpur	District Sainik Welfare Officer, State Ware House Complex, Cheer Bagicha, Jashpur (CG) – 496 331	07763-299101 (O) jspdswo@gmail.com

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48.	7.	Ambikapur (Sarguja)	District Sainik Welfare Officer, Collectorate Campus Ambikapur, Surguja (CG) - 497 001	07774-221721(O) 07774-221721(F) zsb.ambikapur@gmail.com
49.	8.	Baikunthpur	District Sainik Welfare Officer, Collectorate Campus Baikunthpur, Korea (CG) – 497 335	07836-234021(O) 07836-234021(F) dswobkpur@gmail.com
50.	9.	Kanker	District Sainik Welfare Officer, Old Kacheri Parisha Kanker (CG) - 494334	07587-455691(O) 07587-455691(F) dswoknk.@gmail.com
51.	10.	Raigarh	District Sainik Welfare Officer, Collectorate Parisar Raigarh (CG) - 496001	07762- 223190 (O) 07762-223190 (F) dsworig.@gmail.com
GUJARAT				
52.	1.	Ahmed-abad	District Sainik Welfare and Resettlement Office, Gaurav Senani Kumar Bhawan, B/h TV Tower Bodakdev, Ahmedabad -380054	079-26851382 zsb_abd@rediffmail.com
53.	2.	Vadodara	District Sainik Welfare and Resettlement Office Military Boys Hostel Building, Chhani Sama Road Crossing Vadodara – 390024	0265-2772666 zsb_vdr@rediffmail.com
54.	3.	Jamnagar	District Sainik Welfare and Resettlement Office, Lal Bungalow Sankul Jamnagar-361001	0288-2558311 jamnagar@ewdiffmail.com

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55.	4.	Surat	District Sainik Welfare and Resettlement Office, Gaurav Senani Bhawan Near Abhinandan Rasidency, Opp Hare Krishna Diamond, Sarthana Jakatnaka, Surat – 395 006	0261-2913820 (O)/(F) 09426802820 zsb_srt@rediffmail.com
56.	5.	Rajkot	District Sainik Welfare and Resettlement Office, Sainik Aramgruh Building Near RUDA Office Opp Police HQ Rajkot-360001	0281 – 2476825 zsb_rjt@rediffmail.com
57.	6.	Sabarkantha (Himat - nagar)	District Sainik Welfare and Resettlement Office, C Block, First Floor Bahumali Bhawan, Jilla, Seva Sadan, Himatnagar-383001 District - Sabarkantha	02772-246630 zsb-hmt@ rediddmail .com
58.	7.	Kutchh (Bhuj)	District Sainik Welfare and Resettlement Office, 114, Seva Sadan, Bhuj – 370001 Dist – Kutchh – Bhuj	02832 – 221085 (O)/(F) zsb_ktc@rediffmail.com
59.	8.	Mahesana	District Sainik Welfare and Resettlement Office, Block No.-2, 3rd Floor, Raj Mahel Road Mahesana - 384001	02762- 220235 zsb_msn@rediffmail.com
60	9.	Panchmahal (Godhara)	District Sainik Welfare and Resettlement Office, Room No 32, 3 rd Floor, Jilla Seva Sadan, Godhara – 389 001 District – Panchmahal	02672-240580 zsb_god@rediffmail. com

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HARYANA				
61.	1.	Ambala	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House, Ambala Cantt - 133001 Distt. Ambala (Haryana)	0171-2640557 amb.sainik-hry@gov.in
62.	2.	Bhiwani	Secretary, Sainik and Ardh Sainik Welfare Office Railway Road Bhiwani - 125 021	01664-243538 (O) zsbhbw.sasw-hry @ gov.in
63.	3.	Faridabad	Secretary, Sainik and Ardh Sainik Welfare Office, Sector -16, Faridabad – 121001	0129-2287304(O) 0129 - 2589089 (O) zsbfd.sasw-hry @ gov.in
64.	4.	Fatehabad	Secretary, Sainik and Ardh Sainik Welfare Office, 24-A, Industrial Area Fatehabad (Haryana)	01667-224219 (O) zsbftb.sasw-hry@gov.in
65.	5.	Gurgaon	Secretary, Sainik and Ardh Sainik Welfare Office, Opp Apna Bazar, Civil Lines, Gurgaon - 122001	0124-2320730 (O) zsbgrg.sasw-hry @ gov.in
66.	6.	Hisar	Secretary, Sainik and Ardh Sainik Welfare Office, Near Old Court Road, Hissar (Haryana)	01662-272901 (O) zsbhsr.sasw-hry@gov.in
67.	7.	Jhajjar	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House Jhajjar (Haryana) - 124103	01251-254236 (O) zsbjrr.sasw-hry@gov.in
68.	8.	Jind	Secretary, Sainik and Ardh Sainik Welfare Office , Sainik Rest House, Jind – 126102	01681-245254 (O) zsbjnd.sasw-hry @ gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
69.	9.	Kaithal	Secretary, Sainik and Ardh Sainik Welfare Office, Bldg No.761/13, Amargarh Gamri, Opp Gali No. 3 Kaithal - 132 027	01746-223731 (O) zsbkkl.sasw-hry @ gov.in
70.	10.	Karnal	Secretary, Sainik and Ardh Sainik Welfare Office, Near Distt Session Court, Old GT Road, Karnal – 132801	0184-2272589 (O) zsbkrl.sasw-hry@gov.in
71.	11.	Kurukshetra	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House Complex, Kurukshetra –132118	01744-220922 (O) zsbkkr.sasw-hry@gov.in
72.	12.	Narnaul	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House, Near Bus Stand Narnaul - 123001	01282-250259 (O) zsbnrl.sasw.hry@gov.in
73.	13.	Panchkula	Secretary, Sainik and Ardh Sainik Welfare Office, 227, B Block, Yojana Bhawan, Sec - 04 Panchkula -134 017 (Haryana)	0172-2584213 (O) zsbpkl.sasw-hry@gov.in
74.	14.	Panipat	Secretary, Sainik and Ardh Sainik Welfare Office, Kothi No.118, Adarsh Nagar, Near Post Office, CSD Canteen, Panipat - 132 103	0180-2650311 (O) zsbpnp.sasw-hry@gov.in
75.	15.	Rewari	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House Rewari - 123 401	01274-224341 (O) 01274-261411(O) 01274-260850 zsbrwr.sasw-hry@gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
76.	16.	Rohtak	Secretary Sainik and Ardh Sainik Welfare Office, Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	01262-242687 (O) 09466565363-HC zsbroh.sasw-hry@gov.in
77.	17.	Sirsa	Secretary, Sainik and Ardh Sainik Welfare Office, Barnala Road, Near Police Line Sirsa-125055	0166-297545 (O) zsbsrs.sasw-hry @ gov.in
78.	18.	Sonepat	Secretary, Sainik and Ardh Sainik Welfare Office, Gohana Road, Near Police Lines Sonepet - 131001	0130-2242659 (O) zsbsnp.sasw-hry@ gov.in
79.	19.	Yamuna Nagar	Secretary, Sainik and Ardh Sainik Welfare Office, Near Panchayat Bahwan, Yamuna Nagar-135001	01732-211892(O)/(F) zsbynr.sasw-hry@gov.in
80.	20.	Palwal	Secretary, Sainik and Ardh Sainik Welfare Office, Old Court Complex, Palwal	01275-297790 zsbpwl.sasw-hry@ gov.in
81.	21.	Charkhi Dadri	The Welfare Officer District Sainik & Ardh Sainik Welfare Department, Charkhi Dadri - 127306	zsbdadri@gmail.com zsbedd.sasw@hry.gov.in 9307558903 (M)
HIMACHAL PRADESH				
82.	1.	Bilaspur	Deputy Director Zila Sainik, Welfare Office Bilaspur Pin - 174 029 (H.P)	01978-222343 zswofficebilaspur@ gmail.com
83.	2.	Chamba	Deputy Director Zila Sainik Welfare Office Chamba – 176314	01899-222357 dswochamba@gmail.com

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
84.	3.	Hamirpur	Deputy Director Zila Sainik, Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 sainikwelfarehamirpur@gmail.com
85.	4.	Kangra at - Dhar-mashala	Deputy Director Zila Sainik Welfare Office Kangra at Dharamshala Pin- 176215	01892-223279 Deputydirectorsw.kan@gmail.com
86.	5.	Kullu & Lahaul spiti	Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 kullusainikwelfare@gmail.com
87.	6.	Mandi	Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) – 175001	01905-222120 ddrsw@gmail.com
88.	7.	Shimla + Kinnaur	Deputy Director Zila Sainik Welfare Office Longwood, Shimla – 171001 (HP)	0177-2658586 ddswsml@gmail.com
89.	8.	Sirmour at Nahan	Deputy Director Zila Sainik Welfare Office Sirmour At Nahan - 173001	01702-222551 zswonahan123@gmail.com
90.	9.	Solan	Deputy Director Zila Sainik Welfare Office The Mall, Solan (HP) – 173212	01792-223764 sainik-sol-hp@nic.in
91.	10.	Una	Deputy Director Zila Sainik Welfare Deptt Una (HP) – 174303	01975-226090 ddswouna@gmail.com
JAMMU & KASHMIR AND LEH LADAKH (UTs)				
92.	1.	Baramulla, Bandipora,	Zila Sainik Welfare Office- Premises of DC Office Near Bus Stand Baramulla-193101 (J & K)	01952-238539 (O) zswobla-11@jk.gov.in
93.	2.	Kupwara	Zila Sainik Welfare Office Kupwara Near Tourist Centre, Kupwara - 193222	01955-252116 (O) zswokupwa29-11@jk.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
94.	3.	Doda, Ramban, Kishtwar	Zila Sainik Welfare Office Near PWD Dak Bangalow Doda – 182 202 (J & K)	01996-233553 09622224078 zswododa-11@jk.gov.in
95.	4.	Jammu	Zila Sainik Welfare Office, Ambphalla, Jammu Pin – 180 005 (J & K)	0191-2546273 09419245967 zswswo-swd@jk.gov.in
96.	5.	Kathua	Zila Sainik Welfare Office Near Govt Hr.Sec.School (Boys) Kathua – 184101 (J & K)	01922-234785 08547183400 zswokathua-11@jk.gov.in
97.	6.	Leh	Zila Sainik Welfare Office, Opp SP Office Leh (Ladakh) Pin – 194 101 (J & K)	01982-252270 01982-252270 (F) zswoleh-11@jk.gov.in zswokargil-11@jk.gov.in
98.	7.	Kargil	Zila Sainik Welfare Office Near New Bus Stand Kargil	zswokargil-11@jk.gov.in
99.	8.	Poonch	Zila Sainik Welfare Office, Near Bus Stand, Poonch Pin -185101 (J & K)	01965-220161 (O) 9622397933 (M) zswopoonch-11@jk.gov.in
100.	9.	Rajouri	Zila Sainik Welfare Office, Jawahar Nagar, Rajouri (Phir Ganju) Pin -185132 (J & K)	01962-263350(O) 8717069824 (M) zsworajouri-11@jk.gov.in
101.	10	Samba	Zila Sainik Welfare Office, Ward No. 8, Samba-184 121 (J & K)	01923-246868 (O) 9874488871 (M) zswosamba-11@jk.gov.in
102.	11.	Srinagar, Budgam, Ganderbal, Anantnag, Kulgam, Pulawama, Shopian.	Zila Sainik Welfare Office, Batamaloo Road, Srinagar Pin-190010 (J & K)	0194-2474728 (O) 09419080532 (M) zswosgr-11@jk.gov.in
103.	12.	Udhampur	Zila Sainik Welfare Office Adarsh Colony, Udhampur Pin – 182 101 (J & K)	01992-271338 (O) 9419147314 (M) zswoudhampur-11@jk.gov.in
104.	13.	Reasi	Zila Sainik Welfare Office Reasi C/o Stn HQ, Reasi	zsworeasi-11@jk.gov.in
105.	14.	RS Pura	Zila Sainik Welfare Office RS Pura At present attach with ZSWO, Jammu	zsworspura-11@jk.gov.in

106.	15.	Akhnoor	Zila Sainik Welfare Office Akhnoor At present attach with ZSWO, Jammu	zswoakhnoor-11@jk.gov.in
JHARKHAND				
G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
107.	1.	Chaibasa	Zila Sainik Kalyan Karyalaya, Court Compound, West Singhbhum, Chaibasa - 833201	06582-259545 zilasainikchaibasa@gmail.com
108.	2.	Dumka	Zila Sainik Kalyan Karyalaya, Court Compound, Dumka-814101	06434-237027 zskkdumka@yahoo.in
109.	3.	Hazaribagh	Zila Sainik Kalyan Karyalaya, Multipurpose Building, Near Private Bus Stand Hazaribagh- 825301	06546-267767 zskkhazaribagh@yahoo.in
110.	4.	Ranchi	Zila Sainik Kalyan Karyalaya, Sainik Bazar, Main Road Ranchi, Pin – 834001	0651-2330159 zskkranchi@yahoo.in
111.	5.	Gumla	Zila Sainik Kalyan Karyalaya, Gumla At-Karoundi, Post – Karoundi-via- Nawagarh, Dist – Gumla (Jharkhand) – 835 232	06524- 299940 zskkgumla@yahoo.in
112.	6.	Medininagar	C/o Deputy Commissioner Colloectorate Building Medininagar Palamu – 822 101 (Jharkhand)	8207771428 (M) zskkmedininagar@yahoo.com
KARNATAKA				
113.	1.	Bangaluru (Urban)	Joint Director Deptt. of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Bangaluru (Urban Dist) Pin - 560025	080-25585119 sainikblr@rediffmail.com
114.	2.	Bangaluru (Rural) + Chikkaballa pur, Kolar, Ramnagar & Tumkur	Dy Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Bangaluru (Rural) Pin – 560025	080-25588718 sainikrural@rediffmail.com

G. Sl. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
115.	3.	Kalburagi, Raichur, Bindar, Yadgiri	Dy Director Dept of Sainik Welfare & Resettlement, Vikas Bhavan Complex, (Mini Vidhana Soudha) Station Road, Kalburagi Pin – 585102	08472-225003 sainikwelfareglb@yahoo.com
116.	4.	Vijayapura	Dy Director, Deptt of Sainik Welfare & Resettlement Distt Office Building Vijayapura Pin - 586 101	08352-250913 sainikwelfare_bijapur@yahoo.co.in
117.	5.	Bagalkot and Koppal	Dy Director Dept of Sainik Welfare & Resettlement, Dist Administration Building, Ground Floor (Near Post Office) Bagalkot Pin – 587101	08354-235434 bagalkot.dswr4@gmail.com
118.	6.	Belgavi	Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgavi - 590 001	0831-2469341 sainikwelfarebelgaum@yahoo.in
119.	7.	Dharwad Haveri Bellary Gadag	Dy Deptt of Sainik Welfare & Resettlement DC's Office Compound Dharwad - 580 001	0836-2440176 sainikwelfarewd@yahoo.com
120.	8.	Uttara Kannada	Dy Deptt of Sainik Welfare & Resettlement, M.G. Road, Karwar, Uttara Kannada, District – 581301	08382-226538 sainik.kwr@gmail.com
121.	9.	Dakshina Kannada & Udupi	Joint Director Deptt of Sainik Welfare & Resettlement, Sainik Rest House Building, Urva Stores Ashok Nagar – PO Mangalore – 575006	0824-2450933 dydirdswrmlre@yahoo.com
122.	10.	Kodagu	Joint Director Deptt of Sainik Welfare & Resettlement, Canara Bank Building, Main Road, Madikeri Pin – 571201	08272-229866 jtdirectordswrmdk@yahoo.com

G. Sl. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
123.	11.	Shivamogga Chitradurga Davana- gere	Dy Director Deptt of Sainik Welfare & Resettlement, K. Balaraj Urs Road Near DC's Residence, Shivamogga – 577201	08182-220925 soldiersshimoga @rediff mail. com
124.	12.	Hassan and Chik- kamagalur	Dy Director Deptt of Sainik Welfare & Resettlement, 'Shree Vasvi Nilay' Shankaripur, Ist Cross, B M Road, Hassan – 573201	08172-250465 sainikwelfarehassan@in.com
125.	13.	Mysore Mandya Chamara- janagar	Dy Director Deptt of Sainik Welfare & Resettlement, Sqn Ldr AB Devaiah Bhavan, Near DC's Office, Mysore -570005	0821-2425240 sainikwelfaremysore05@gmail .com
KERALA				
126.	1.	Alappuzha	Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	0477-2245673 (O) zswalp@gmail.com
127.	2.	Er- anakulam	Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	0484-2422239 (O) zswokm@yahoo.com
	3.	Idukki	Zila Sainik Welfare Office Theruvan Towers Thodupuzha, Iddukki - 685584	0486-2222904 (O) zswoidukki@yahoo.com
	1 2 7			
129.	4.	Kannur	Zila Sainik Welfare Office Civil Station, Kannur-670002	0497-2700069 (O) zswokannur@gmail.com
130.	5.	Kasaragod	Zila Sainik Welfare Office, Civil Station PO, Vidya Nagar, Kasaragod - 671123	0499-4256860 (O) zswoksgd2@gmail.com
131.	6.	Kollam	Zila Sainik Welfare Office, Civil Station, Kollam-691013	0474-2792987 (O) zswokollam@yahoo.co.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
132.	7.	Kottayam	Zila Sainik Welfare Office, Manarcad (PO), Kottayam-686109	0481- 2371187 (O) zswoktym@gmail.com
133.	8.	Kozhikode	Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	0495- 2771881 (O) kkdzswo@bsnl.in
134.	9.	Malappuram	Zila Sainik Welfare Office, Civil Station, Malappuram-676505	0483-2734932 (O) zswomprm@gmail.com
135.	10.	Palakkad	Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	0491-2971633 (O) zswopalakkad@gmail.com
136.	11.	Pathanamthitta	Zila Sainik Welfare Office, Collectorate, Pathanamthitta Pin - 689645	0468-2222104 (O) zswopta@gmail.com
137.	12.	Thiruvananthapuram	Zila Sainik Welfare Office, Vanchiyoor Thiruvananthapuram Pin- 695035	0471-2472748 (O) zswotvpm@gmail.com
138.	13.	Thrissur	Zila Sainik Welfare Office, Sainik Centre, Poothole Thrissur Pin-680004	0487- 2384037 (O) zswothrissur@gmail.com
139.	14.	Wayanad	Zila Sainik Welfare Office Kalpetta North PO, Wayanad-673001	04936-202668 (O) zswowyd@gmail.com
MADHYA PRADESH				
140.	1.	Betul	Distt Sainik Welfare Office Near Shahni Super Market Gang, Tegor Ward, Betul - 460001	07141-230790 (O) dswobet@mp.gov.in
141.	2.	Bhind	Distt Sainik Welfare Office Mela Ground, Bhind - 477001	07534-236379 (O) 09711202858 (M) dswobhi@mp.gov.in
142.	3.	Bhopal	Distt Sainik Welfare Office Sainik Rest House, Banganga Bhopal Pin - 462 003	0755-2556198(O) 08308823195 (M) dswopho@mp.gov.in

G. Sl.	Sl No	Office/ District	Name, Designation & Address	Telephone No.
143.	4.	Chhatarpur	Distt Sainik Welfare Office, H.No 527, Ward No 35, Gali No 4, Shanti Nagar Colony, Sagar Road Chhatapur - 471001	07682-245460(O) 07682-245460(F) 9007698804 (M) dswocha@mp.gov.in
144.	5.	Chindwara	Distt Sainik Welfare Office Near Ekta Park, Nagpur Road Chindwara-480001	07162-242119(O) 09981920255 (M) dsowchi@mp.gov.in
145.	6.	Katni	Distt Sainik Welfare Office Dun Colony, Jawahar Nehru Ward, House No 16B, Behind Star Recovery Home Hospital, Bargawan, Katni (MP) – 483 501	07622-223144 (O) dswodam@mp.gov.in
146.	7.	Gwalior	Distt Sainik Welfare Office Race Course Road, Near Sainik Petrol Pump, Gwalior – 474002	0751-2340878 (O) dswogwa@mp.gov.in
147.	8.	Khandwa	Distt Sainik Welfare Office Near Poorv Zila Panchayat Bhawan, Jail Road, Civil Lines, Khandwa-450001	0733-2228311(O) 9479523959 (M) dswokhd@mp.gov.in
148.	9.	Indore	Distt Sainik Welfare Office, Jairam Pur Colony, Indore – 4502004	0731-2367319 (O) 09109726500 (M) dswind@mp.gov.in
149.	10.	Guna	Distt Sainik Welfare Officer Jail Road, Opp Akashwani Bhavan, Guna – 473001	07542-251010 (O) dswogun@mp.gov.in
150.	11.	Hosangabad	Distt Sainik Welfare Office Sainik Rest House, Behind Home Guard Office, Hoshangabad - 461 001	07574-254465 (O) 9425608605 (M) dswohos@mp.gov.in
151.	12.	Jabalpur	Distt Sainik Welfare Office Katanga Colony ,Narmada Road, Shaheed Raman Bakshi Marg, Jabalpur Pin - 482 001	0761-2667336 (O) 09655884049 (M) dswojab@mp.gov.in

G. Sl.	Sl No	Office/ District	Name, Designation & Address	Telephone No.
152.	13.	Mandsaur	Distt Sainik Welfare Office HDX-33, Street No. 2, Kitiyani, Mandasaur - 458 001	07422-299117 (O) 07773090404 (M) dswomas@mp.gov.in
153.	14.	Morena	Distt Sainik Welfare Office Near to Railway Over- Bridge Chauraha, MS Road Morena - 476 001	07532-226003 (O) dswomor-mp@nic.in
154.	15.	Narsinghpur	Distt Sainik Welfare Office H. No 268, Ward No 14, Gayadutt Ward Station Gunj, Narsinghpur-487001	07792-236328 (O) 09409267918 (M) dswonar@mp.gov.in
155.	16.	Ratlam	Distt Sainik Welfare Office, Sainik Rest House, Opp Home Guard Colony, Pratajp Nagar Ratlam- 457 001	07412-267111 (O) 9423164608 (M) dsworat@mp.gov.in
156.	17.	Rewa	Distt Sainik Welfare Office, Sainik Rest House, In front of Sainik School, Civil Lines Rewa-486001	07662-254118 (O) 07415249145 (M) dsworewa@yahoo.in
157.	18.	Satna	Distt Sainik Welfare Office Sainik Rest House, Near Jawahar Nagar, Stadium/ Water Tank, Satna - 485 001	07672-222389(O) 07440742053 (M) dswosat@mp.gov.in
158.	19.	Sagar	Distt Sainik Welfare Office, Collectorate Compound Sagar - 470 001	07582-225589 (O) dswosag@mp.gov.in
159.	20.	Seoni	Distt Sainik Welfare Office In front of Watika Restaurant, Near Benganga Heights, Bara Pathar, Seoni - 480 661	07692-222730 (O) 09479523959 (M) dswoseo@mp.gov.in

G. Sl.	Sl No	Office/ District	Name, Designation & Address	Telephone No.
160.	21.	Shahdol	Distt Sainik Welfare Office, H No. 21, Behind Mawar Hospital, Shukhi Mohalla, Shahdol - 484774	07652-231946 (O) dswoshd@mp.gov.in
161.	22.	Sidhi	Distt Sainik Welfare Office Near Tilak Talkies, Maharana Pratap Road, Sidhi - 486 661	07822-250852 (O) 09007698804 (M) dswosid@mp.gov.in
162.	23.	Tikamgarh	Distt Sainik Welfare Office Room No.75, Collectorate, Tikamgarh - 472 001	07683-240709 (O) dswotik@mp.gov.in
163.	24.	Ujjain	Distt Sainik Welfare Office Sainik Rest House, Kothi Palace, Near New Court Building, Vikram Nagar Road Ujjain - 456 010	0734-2511355 (O) 09654163248 (M) dswoujj@mp.gov.in
MAHARASHTRA				
164.	1.	Ahmed-Nagar	Zila Sainik Welfare Office Ex-Servicemen Rest House Chandni Chowk Ahmednagar – 414 001	0241-2323160 (O) 0241-2322154 (O) 9850893511 (M) zsw_ahmednagar@maharashtra.gov.in
165.	2.	Akola	Zila Sainik Welfare Office Collector Office Compound Akola-444001	0724 -24333377 (O) 0724-2436070 (O) zsw_akola@maharashtra.gov.in
166.	3.	Amravati	Zila Sainik Welfare Office Amravati Camp Dist. Amravati-444602	0721-2661126 (O) zsw_amravati@maharashtra.gov.in

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
167.	4.	Aurangabad	Zila Sainik Welfare Office Nandanvan Colony, Bhavsinghpura Road Aurangabad – 431203	0240-2370313 (O) 9767645831 (M) zsw_aurangabad@ maharashtra.gov.in
168.	5.	Bhandara Gondia	Zila Sainik Welfare Office, Mahasul Karmarachri Parisar Bhandara-440001	07184-250619 (O) 09370270001 (M) 09373100805 (R) zsw_bhandara@ maharashtra.gov.in zswogondia@gmail. com
169.	6.	Beed	Zila Sainik Welfare Office Near District Court Beed-431122	02442-222105 (O) zsw_beed@ maharashtra.gov.in
170.	7.	Buldhana	Zila Sainik Welfare Office, "Sainiki Complex", Near ST Bus Stand Buldhana -443 001	07262-242208(O) zsw_buldhana@ maharashtra.gov.in
171.	8.	Chandrapur	Zila Sainik Welfare Office New Administrative Building, Chandrapur Pin- 442401	07172-257698 (O) zsw_chandrapur@ maharashtra.gov.in
172.	9.	Dhule	Zila Sainik Welfare Office, Ex-servicemen Rest House Collector Office compound Dist. Dhule- 424001	02562-237264 (O) 9422713756 (M) zsw_dhule@ maharashtra.gov.in
173.	10.	Gadchiroli	Office of the District Magistrate Zila Sainik Welfare Office, Gadchiroli	07172- 257698 (O) zsw_chandrapur@ maharashtra.gov.in
174.	11.	Jalgaon	Zila Sainik Welfare Office Collector Compound Jalgaon Pin – 425001	02482-2241414 (O) 99860142073 (M) zsw_jalgaon@ maharashtra.gov.in
175.	12.	Jalna	Zila Sainik Welfare Office Opposite District Sports Sankul Beed Bypass Road Jalna – 431 203	02482-225201 (O) zsw_jalna@ maharashtra.gov.in
176.	13.	Kolhapur	Zila Sainik Welfare Office Collector Compound, Nagala Park Kolhapur – 416003	0231-2665812 (O) 0231-2654811 9970856438 (M) zsw_kolhapur@ maharashtra.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
177.	14.	Latur	Zila Sainik Welfare Office, Sainik Sankul, Ambajogai Road, Front of MIMSR MedicalCollege Latur – 413512	02382-228544 (O) 9440483285 (M) zsw_ latur@ maharashtra.gov.in zsw_ latur@ Mahasainik.com
178.	15.	Mumbai City	City Sainik, Welfare Office Old Custom House, Fort, Mumbai – 400001	022-22662440 (O) 022-23088011(O) zaw_ mumbaicity@ maharashtra.gov.in
179.	16.	Mumbai Upnagar	Zila Sainik Welfare Office Mumbai Suburban District Administrative Building, 9th Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai – 400051	022-265552172(O) zsw_ mumbaiupnagar@ maharashtra.gov.in
180.	17.	Nashik	Zila Sainik Welfare Office Collector Office Compound Nasik – 422 002	0253-2577255 (O) 0253-2577253 (O) 09869070211 (M) zsw_ nasik@ maharashtra.gov.in
181.	18.	Nagpur	Zila Sainik Welfare Office Administrative Building No.1, 3rd Floor, Civil Line, Nagpur- 440001	0712-2561133 (O) zsw_ nagpur@ maharashtra.gov.in zsw_ nagpur@ mahasainik.com
182.	19.	Parbhani-Nanded	Zila Sainik Welfare Office Collectorate Compound, Nanded– 431 602	02462-245510 9421323366 zsw_ parbhani@ maharashtra.gov.in zsw_ parbhani@ mahasainik.com
183.	20.	Nandurbar	Zila Sainik Welfare Office, Collectorate Compound, Nandurbar	02562 - 237264(O) 9422713756 (M) zsw_ dhule@ maharashtra.gov.in
184.	21.	Osmanabad	Zila Sainik Welfare Office, Collector Office Compound Osmanabad – 413501	02472-222557 (O) 8007791070 (M) zsw_ osmanabad@ maharashtra.gov.in zsw_ osmanabad@ mahasainik.com
185.	22.	Pune	Zila Sainik Welfare Office, Collector Office Compound, Pune– 411001	020-26122287 (O) zsw_ pune@ maharashtra.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
186.	23.	Hingoli	Zila Sainik Welfare Office, Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani – 431401	07252-231088 (O) 09404975099 (M) 08605973381 (R) zsw_ parbhani@ maharashtra.gov.in
187.	24.	Raigad	Zila Sainik Welfare Office, Near Lekha Kosh Office, Raigad – 402201	02141-222208 (O) 09822958901 (M) zsw_ raigad@ maharashtra.gov.in
188.	25.	Ratnagiri	Zila Sainik Welfare Office, Collector Office Compound Shivaji Nagar Ratnagiri – 415612	02352-222271 (O) 02352-226250 (R) zsw_ ratnagiri@ maharashtra.gov.in zsw_ ratnagiri@ mahasainik.com
189.	26.	Satara	Zila Sainik Welfare Office, Ajinkyatara Bldg, Povai Naka Satara – 415001	02162-239293 (O) zsw_ satara@ maharashtra.gov.in
190.	27.	Sangli	Zila Sainik Welfare Office, Sangli Miraj Road, Pushkar Chowk Sangli – 416416	0233-2671711 (O) 0233-2373003 (R) zsw_ sangli@ maharashtra.gov.in zsw_ sangli@ mahasainik.com
191.	28.	Solapur	Zila Sainik Welfare Office Collector Office Compound Solapur – 413004	0217-2731035 (O) zsw_ solapur@ maharashtra.gov.in
192.	29.	Sindhudurg	Zila Sainik Welfare Office, Main Administrative Building, C Block, 1st Floor, At + Post - Oras (BK), Tel. Kudal Dist Sindhudurg Pin-416812	02362-228820 (O) zsw_ sindhudurg@ maharashtra.gov.in
193.	30.	Thane- Palghar	Zila Sainik Welfare Office, Collector Office, Room No. 402, 4th Floor, Tembhi Naka Thane – 400601	022-25344041(O) 09869074423 (M) zsw_ thane@ maharashtra.gov.in
194.	31.	Yavatmal (Yeotmal)	Zila Sainik Welfare Office Collector Office Compound Dist. Yavatmala – 445001	07232-245273 (O) zsw_ yavatmal@ maharashtra.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
195.	32.	Wardha	Zila Sainik Welfare Office, Front side of Yashwant Mahavidhyalaya Wardha – 442 001	07152-248955 (O) 07152-231088 (O) 09850525353 (M) 08826399033 (R) zswo_wardha@ maharashtra.gov.in zswo_wardha@ mahasainik.com
196.	33.	Washim	Zila Sainik Welfare Office, Room No.206, Admin Bldg. Collector Office Com- pound, Washim – 444505	07252-230188 (O) 9850525353 (M) zswo_washim@ maharashtra.gov.in
MANIPUR				
197.	1.	Imphal	Secretary, PO- Lamphel, Dist-Imphal West Manipur - 795004	0385-2416228 (O)
198.	2.	Churachandpur	Secretary Churachandpur	09856666350 (M)
MEGHALAYA				
199.	1.	Shillong +East Khasi Hills, West Khasi Hills, South West Khasi Hills, East Jaintia Hills, West Jaintia Hills, Ri Bhoi District.	Zila Sainik Welfare Office, Old NEC Building, East Khasi Hills, Shillong-793001	0364-2500459 (O) zsbshillong@gmail.com
200.	2.	Tura + West Garo Hills, East Garo Hills,South West Garo Hills,North Garo Hills, South Garo Hills	Zila Sainik Welfare Office O/o the Deputy Commissioner Complex, West Garo Hills, Tura Pin – 940002	3651-220022 zswtura@gmail.com zilasainik220@gmail.com m
MIZORAM				
201.	1.	Aizawl (Mamit + Serchhip)	Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram Pin - 796001	0389-2333131(O)/(F) 09436140868 (M) zsbizawl@gmail.com

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
202.	2.	Lunglei (Siaha+Lawngtlai)	Deputy Director Zila Sainik Welfare & Resettlement Office, Distt. Lunglei -796 701	0372-2324737(O) 0372-2324737(F) zswllimiz@yahoo.in
203.	3.	Kolasib	District Sainik Welfare & Resettlement Office Distt. Kolasib - 796081	03837-222265 (O)/(F) zsbkolasib11@gmail.com
204.	4.	Champhai	District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	03831-235517(O)/(F) zsbcb717@gmail.com
NAGALAND				
205.	1.	Dimapur	Zila Sainik Welfare Officer, Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	9436275650 (M) tnksingh14@gmail.com
206.	2.	Kohima	Zila Sainik Welfare Officer, Zila Sainik Welfare Office, Kohima DC's Office Complex, Kohima-797001	9485239273 (M) zilasanikkma@gmail.com
207.	3.	Mokokchung	Zila Sainik Welfare Officer, Zila Sainik Welfare Office, No 007, Majakong Ward Mokokchung Pin- 798601	09436893668 (M) 8132913470 (M) zswm.mkg@gmail.com
208.	4.	Wokha	Zila Sainik Welfare Officer, Zila Sainik Welfare Office DC Office Complex Wokha PO Wokha - 797 111	8132863276 (M) 7005205152 (M) thomsong799@gmail.com
209.	5.	Zunheboto	Zila Sainik Welfare Office, Zila Sainik Welfare Office Zunheboto - 798620	7005162847 (M) pika_achumi@yahoo.co.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
ODISHA				
210.	1.	Cuttack	Secretary, Zila Sainik Board, Cuttack At Mission Road, PO - Buxi Bazar (Near the Samaj Office), Cuttack- 753001	0671-2420159 (O)/(F) zsbcuttack2016@ gmail .com
211.	2.	Balasore	Secretary Zila Sainik Board, Balasore Brit Buildings, C&D Block, Firtst Floor, Sadar Thana, Chhak,OT Road, Balasore - 756 001	06782-261668 (O) zsbbalasore@gmail. com
212.	3.	Dhenkanal	Secretary, Zila Sainik Board, Dhenkanal, At Kunja Kanta, PO/Distt –Dhenkanal – 759001	06762-226484 (O) zsbddenkanal2016@ gmail.com
213.	4.	Ganjam (Berham- pur)	Secretary, Zila Sainik Board, AT/PO Berhampur, Ganjam - 760 004	0680-2292485 (O) zsbganjam2016@ gmail.com
214.	5.	Kalahandi (Bhawanip- atna)	Secretary, Zila Sainik Board Kalahandi At – Mahavirpada, PO – Bhawanipatna Kalahandi – 766001	06670-230110 (O) zsbkalahandi2016@ gmail.com
215.	6.	Sambalpur	Secretary, Zila Sainik Board, Sambalpur, Collectorate Building Sambalpur - 768 001	0663-2410154 (O) zsbsambalpur2016@ gmail.com
216.	7.	Keonjhar	Secretary, Zila Sainik Board, Keonjhar, Near Nizarat Section ,Collectorate Building, Keonjhargarh - 758001	06766-254652 (O) zsbkeonjhar2016@ gmail.com
217.	8.	Koraput	Secretary, Zila Sainik Board, Koraput, Sahid Laxman Nayak Bhawan, Koraput - 764020	06852-250144 zsbkoraput2016@gmail.com

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
PUNJAB				
218.	1.	Amritsar	District Defence Services Welfare Office, 52, Court Road, Opp GPO, Amritsar - 140 001	0183-2563102 dswa_asr@rediffmail.com
219.	2.	Bathinda	District Defence Services Welfare Office, Civil Lines, Opp City Centre Mall, Bathinda	0164-2212612 sainikwelfarebti@rediffmail.com
220.	3.	Faridkot	District Defence Services Welfare Office Talwandi Road, Faridkot – 151 203	01639-250788 ddswfdk@rediffmail.com
221.	4.	Fatehgarh Sahib	District Defence Services Welfare Office, Shakti Sadan, Sainik Rest House, Behind Bachhat Bhavan Fatehgarh Sahib- 140407	01763-232287 fgsdswa10@rediffmail.com
222.	5.	Ferozepur	District Defence Services Welfare Office, Near Saragarhi Gurudwara Ferozepur	01632-246211 dswa_fzr@rediffmail.com
223.	6.	Fazilka		
224.	7.	Gurdaspur	District Defence Services Welfare Office, Near Court Road, Gurdaspur	01874-247205 dswogsp.2011@rediffmail.com
225.	8.	Hoshiarpur	District Defence Services Welfare Office, Near Green View Park, Court Road Hoshiarpur - 146001	01882-222013 09419294884 dswohpr@rediffmail.com
226.	9.	Jalandhar	District Defence Services Welfare Office, Shastri Market Jalandhar	0181-2455423 dswa_jal@rediffmail.com

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
227.	10.	Kapurthala	District Defence Services Welfare Office, Near Fawara Chowk Kapurthala	01822-232872 kapurthala.dsw@rediffmail.com
228.	11.	Ludhiana	District Defence Services Welfare Office, Near Clock Tower, Ludhiana Pin - 141 001	0161-2741066 dsw.ludhiana@rediffmail.com
229.	12.	Mansa	District Defence Services Welfare Office Room No 37, First Floor, DC Complex Mansa - 151 505	01652-229181 dsw_mansa@rediffmail.com
230.	13.	Moga	District Defence Services Welfare Office, Room No. C-214,C-217 &C-218, District Administration Complex, Ferozepur Road Moga - 142001	01636-237488 dsw.moga@rediffmail.com
231.	14.	SAS Nagar	District Defence Services Welfare Office, Sainik Sadan, Phase-10, Sector-64, Near Silvi Park,SAS Nagar - 160062	0172 -2231065 ddswo_sas@rediffmail.com
232.	15.	Muktsar Sahib	District Defence Services Welfare Office, Near Haryali Petrol Pump,Bathinda Road, Sri Muktsar Sahib Pin – 152 026	01633-240701 dsw_mkts@rediffmail.com
233.	16.	Shahid Bhagat Singh Nagar	District Defence Services Welfare Office, 331, Friends Colony, Nawan Sharhar, SBSNagar	01823-225075 dsw_nsr@rediffmail.com
234.	17.	Patiala	District Defence Services Welfare Office Gurdwara Dukh Niwan Sahib Road, Near Railway Station, Patiala - 147001	0175-2361188 dsw.patiala@rediffmail.com

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
235.	18.	Ropar	District Defence Services Welfare Office, Rupnagar, Near Old Bus Stand Rupnagar	01881-220324 dswo_rpr@rediffmail.com
236.	19.	Sangrur	District Sainik Welfare Office, Near Ranbir Club, Club Road Sangrur - 148 001	01672-234021 dswosangrur@rediffmail.com
237.	20.	Taran Taran	District Defence Services Welfare Office, Near Police Line, Amritsar Road, Tarantaran	01852-227321 ddswott@rediffmail.com
238.	21.	Barnala	District Defence Services Welfare Office, District Administrative Complex, Rom No 87-89, Second Floor Handiaya Road Barnala -148101	01679-230104 dswobarnala@rediffmail.com
239.	22.	Pathankot	District Defence Services Welfare Office, Pathankot DAC Complex Malikpur, R No 345, Pathankot	0186-2345789 ddswoptk@rediffmail.com
RAJASTHAN				
240.	1.	Ajmer	Adhikari Zila Sainik Kalyan Karyalaya, Sainik Vishram Grah Building. Opp Revenue Board, Ajmer - 305 001	0145-2627972 (O) 9869221000 (M) dsboardajmer@gmail.com
241.	2.	Alwar	Adhikari Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	0144-2338527 (O) 9983992774 (M) skolw22@gmail.com
242.	3.	Barmer	Adhikari Zila Sainik Kalyan Karyalaya, New Railway Station, Barmer - 344 001	02982-221185 (O) 9414110528 (M) zska-bar-rj@nic.in
243.	4.	Bharatpur	Adhikari Zila Sainik Kalyan Karyalaya Near Gordhangate Bharatpur - 321 001	05644-223707 (O) 9897968855 (M) skobtp@gmail.com

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
244.	5.	Bikaner	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building, Near Public Park, Bikaner - 334 001	0151-2226671 (O) 9414038854 (M) zska_bikrj@yahoo.in
245.	6.	Bhilwara	Adhikari Zila Sainik Kalyan Karyalaya, C-221, Subhash Nagar, In Front of Reliance Office, Bhilwara	01482-265133 (O) 08442079444 (M) bhitorsainik2013@gmail.com
246.	7.	Churu	Adhikari Zila Sainik, Kalyan Karyalaya, Sainik Vishram Grah Building Churu - 331 001	01562-250948 (O) 7023000318 (M) zskachuru@yahoo.com
247.	8.	Chirawa	Adhikari Zila Sainik Kalyan Karyalaya, Chirawa, Behind Dalmia Ground, Chirawa, Jhunjhunu	01596-222880 (O) 9414431439 (M) sainik.chirawaz@gmail.com
248.	9.	Deedwana	Adhikari Zila Sainik Kalyan Karyalaya, Behind Jivan Bima Nigam, Sainik Vishram Grah Building, Deedwana Distt Nagaur - 341303	01580-223729 (O) 9462080940 (M) zska-nag-did-rj@nic.in
249.	10.	Jaipur	Adhikari Zila Sainik Kalyan Karyalaya, Sainik Vishram Grah Building Jai Singh Highway, Bani-Park, Jaipur - 302 006	0141-2201487 (O) 9461117195 zskajaipur@gmail.com
250.	11.	Jaisalmer	Adhikari Sainik Kalyan Karyalya, Jaisalmer, Near Railway Station, aisalmer	02992-250029(O) 9413040796 (M) zska-jai-rj@nic.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
251.	12.	Jhunjhunu	Adhikari Zila Sainik Kalyan Karyalaya Jhunjhunu Near Railway Station Jhunjhunu	01592-232653 (O) 9441343976 (M) ikrarjrn@gmail.com
252.	13.	Jodhpur	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building, Rai Ka Bagh, Jodhpur 342-006	0291-2650372(O) 9352355450 (M) zska-jod-rj@nic.in
253.	14.	Kota	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building, In front of Bhimrao Hospital Kota	0744-2323712 (O) 9412051057 (M) zska-kota@yahoo.com
254.	15.	Karauli	Adhikari Zila Sainik Kalyan Karyalaya Karauli, Sainik Nagar, Near Chungi Naka, Hindon Road, Karauli	07464-221734 (O) 9869221000 (M) zskakaroli2018@ gmail.com
255.	16.	Nagaur	Adhikari Zila Sainik Kalyan Karyalaya Near Railway Station, Nagaur - 341 001	01582-240776 (O) 8554912324 (M) sainik.nagaur@gmail.com
256.	17.	Neem Ka Thana (Sikar)	Adhikari Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	01574-231920 (O) 8223815259 (M) zska-ntk@yahoo.com
257.	18.	Pali	Adhikari Zila Sainik Kalyan Karyalaya, Jaipur Highway Road Pali, Sojat Road, Pali - 301 406	02932-225230 (O) 7891426335 (M) zska.pali@rajasthan.in zskkpali@yahoo.com

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
258.	19.	Behror	Adhikari Zila Sainik Kalyan Adhikari Behrod, (Alwar) Rajasthan	01494-222084(O) 9899638571 (M) zskabehror@gmail.com
259.	20.	Shergarh	Adhikari Zila Sainik Kalyan Karyalaya, Shergarh (Jodhpur), Rajasthan	02929-243694 (O) 7042106047 (M) zskashergarh@rajasthan. gov.in
260.	21.	Sikar	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	01572-254437 (O) 9446365900 (M) zskasikrj@gmail.com
261.	22.	Sri Ganganagar	Adhikari Zila Sainik Kalyan Karyalaya Lakkar Bazar, Sri Ganganagar (Rajasthan)	0154-2442547 (O) 9914438552 (M) zsksgnr@gmail.com
262.	23.	Tonk	Adhikari Zila Sainik Kalyan Karyalaya 1/17, Housing Board Colony, Tonk	01432-245862 (O) 9783832223 (M) zskatonk04@gmail.com
263.	24.	Udaipur	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	0294-2411724 (O) 9462992198 (M) zska-uda-rj@nic.in
SIKKIM				
264..	1.	Gangtok East/North Sikkim	Zila Sainik Board, North/East Govt of Sikkim PS Road, Gangtok - 737 101	03592-201062 (O) 8372834882(M)/Staff 8768946740(M)/Staff zsbgtk@gmail.com
265.	2.	South Sikkim	Zila Sainik Board, (South) Govt of Sikkim, Namchi Pin-737126	03595-263003 (O) 7602081402(M)/Staff 7551846793(M)/Staff zsbnamchi12@gmail.com

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
266.	3.	West Sikkim	Zila Sainik Board, Gyalshing, Govt of Sikkim	03595-263003 (O) 8759137591 (M)/Staff 7076719212 (M) zsbgyz@gmail.com
TAMIL NADU				
267.	1.	Chennai	Assistant Director, Ex-Servicemen's Welfare Major Parames- waran Memorial Building, 2, West Mada Street Srinagar Colony, Saidapet Chennai Pin-600015	044-22350780 exwelchn@tn.gov.in
268.	2.	Coimbatore	Assistant Director, Ex-Servicemen's Welfare , Ex Services Centre, Huzur Road, Coimbatore 641 018	0422-2974107 exwelcbe@tn.gov.in
269.	3.	Cuddalore	Asst Director Ex-Servicemen's Welfare, Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar, Pudupalayam Cuddalore – 607 001	04142-220732 exwelcud@tn.gov.in
270.	4.	Dindigul	Asst Director Ex-Servicemen's Welfare Ex-Services Centre, Master Plan Complex Collectorate Dindigul-624 305	0451-2460086 exweldgl@tn.gov.in
271.	5.	Dharma Puri	Asst Director Ex-Servicemen's Welfare, No. H.49, Kalliappa Nivas, TNHB, Avvai Nagar, Otha- patti Dharmapuri- 636 705	04342- 297844 exweldpi@tn.gov.in
272.	6.	Erode	Deputy Director Ex-Servicemen's Welfare Jawans Bhavan Gandhiji Road,(Near Manickam Theatre) Erode-638001	0423-2263227 exwelerd@tn.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
273.	7.	Kancheepuram @Tambaram, Chennai	Assistant Director Ex-Servicemen's Welfare No. 2, GST Road, Jeeva Commercial Complex Tam- baram, Chennai-600 045	044-22262023 exwelkpm@tn.gov.in
274.	8.	Kanya- kumari @Nagercoil	Assit Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kot- tar, Nagercoil-629002	04652-243515 exwelkkm@tn.gov.in
275.	9.	Krishnagiri	Assit Director, Ex-servicemen's Welfare, Ex-service's Centre, 433, Banglore Road, Krishnagiri- 635 001	04343-236134 exwelkgi@tn.gov.in
276.	10.	Madurai	Asst Director Ex-Servicemen's Welfare Ex-Services Centre, Near Madurai Jn, Railway Station, Rly. Colony Madurai - 625 016	0452-2308216 exwelmdu@tn.gov.in
277.	11.	Nagapat- tinam	Asst Director Ex-Servicemen's Welfare Gd Floor, Collecorate Complex, Nagapattinam -611002	04365-253042 exwelngp@tn.gov.in
278.	12.	Namakkal	Asst Director, Ex-Servicemen's Welfare R.D.O. Office Complex, Mohanur Road, Namakkal – 637 001	04286-233079 exwelnmk@tn.gov.in
279.	13.	Pudukottai	Asst Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1st Street Thirukokarnam P.O. Pudukottai Pin - 622 002	04322-221593 exwelpdk@tn.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
280.	14.	Ramanathapuram	Dputy Director Ex-Servicemen's Welfare Ex-Service Centre, Master Plan Complex, Collectorate, Ramanathapuram Pin – 623503	04567-230045 exwelrmd@tn.gov.in
281.	15.	Salem	Assistant Director District Ex-Servicemen's Welfare, Room No.307,3rd Floor Collectorate Complex, Salem, Pin – 636001	0427-2410903 exwelslm@tn.gov.in
282.	16.	Sivagangai	Asst Director Ex-Servicemen's Welfare Ex-Services Centre, Maruthupandiyar Nagar, Sivagnagai Pin - 623 560	04575-240483 exwelsvg@tn.gov.in
283.	17.	Thanjavur	Asst Director Ex-Servicemen's Welfare Ex-Servicemen Centre, Muthukumara, Moopnar Road, Opp. Head Post Office, Thanjavur-613001 (TN)	04362-230104 exwelnj@tn.gov.in
284.	18.	Nilgiris	Asst Director Ex-Servicemen's Welfare Ex-Service Centre Goods Shed Road, Udhagamandalam Pin - 643 001	0423-2444078 exwelnlg@tn.gov.in
285.	19.	Theni	Dupty Director Ex-Servicemen's Welfare II Floor, Collectorate Complex, Theni-625 531	04546-252185 exwelthn@tn.gov.in
286.	20.	Thoothukudi	Asst Director Ex-Servicemen's Welfare, Ex-Servicemen Centre, Toovipuram, 9th Street Toothukudi Pin– 628 003	0461-2321678 exweltut@tn.gov.in

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
287.	21.	Tiruchirapalli	Asst Director Ex-Servicemen's Welfare, Ex-services Centre, 19-1, Warners Road Cantonment, Tiruchirapalli-620 001	0431-2410579 exweltry@tn.gov.in
288.	22.	Thirunalveli	Asst Director Ex-Servicemen's Welfare, Ex-Services Cen- tre, Palayamkottai, Tirunelveli - 627 002	0462-2560440 exweltnv@tn.gov.in
289.	23.	Thiruvallur	Asst Director Ex-Servicemen's Welfare No.6/25, Lal Bahadur Sastri Road, Periyakuppam Thiruvallur - 602001	044-27663163 exweltr@tn.gov.in
290.	24.	Tiruvannamalai	Asst Director Ex-Servicemen's Welfare 1st Floor, Collectorate Complex Vengikkal, Tiruvannamalai Pin – 606 604	04175-233047 exwelvm@tn.gov.in
291.	25.	Vellore	Asst Director Ex-Servicemen's Welfare Jawans Bhavan, Near Main Telephone Exchange, Vellore-632001	0416-2220432 exwelvel@tn.gov.in
292.	26.	Villupuram	Asst Director No 18/13, Chairman Chidambaram St, West Shanmugapuram Colony, Villupuram Pin – 605 602	04146-220524 exwelvpm@tn.gov.in
293.	27.	Virudhunagar @ Srivilliputhur	Asst Director Ex-Servicemen's Welfare, Ex-Services Centre 10, Periyaswamy Koil Street Srivilliputhur, 626125	04563-260382 exwelvnr@tn.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
TELANGANA				
294.	1	Adilabad	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, Milk Chilling Centre Premises, Opp - Doordadarshan TV Station Adilabad - 504 001	08732-227063 (O) 9133355840 (M) zswoadb-ts@nic.in
295.	2	Hyderabad	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, Sainik Aramghar Complex, 2nd Floor, Suryanagar Colony, Somajiguda Hyderabad – 500 082	040-23423213 (O) 08499004450 (M) zswohyd-ts@nic.in
296.	3	Karimnagar	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, Sainik Bhavan, Opp Revenue Club Karimnagar – 505 001	0878-2240622 (O) 09133355842 (M) zswoknr-ts@nic.in
297.	4	Khammam	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, H.No:10-4-22 Sai baba Temple lane, Mamillagudem, Khammam- 507102	08742-234888 (O) 09133355071 (M) zswokmm-ts@nic.in
298.	5	Mahabub-nagar	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office 2 nd Floor, Zila Paraja Parishath Mahabubnagar- 509 001	08542-223468 (O) 09908056298 zswombnr-ts@nic.in
299.	6	Sangared-dy	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office Integrated Collectorate Complex, 2nd Floor, North West Block, Sangareddy Pin - 502 001	08455-276734(O) 08499004450 (M) zswombnr-ts@nic.in
300.	7	Nalgonda	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office H.No:6-4-165(New) Opp Nagarjuna Degree College, Ramgiri 'X' Rd Nalgonda - 508001	08682-224820 (O) 09133355861 (M) zswonlg-ts@nic.in

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
301.	8	Nizamabad	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, H.No.6-2-424, Ground Floor Subhash Nagar Nizamabad - 503 002	08462-238509 (O) 09133300240 (M) zswonzb-ts@nic.in
302.	9	Ranga Reddy	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office 2nd Floor, Suryanagar Colony, Somajiguda, Hyderabad - 500 082	040-23392232 (O) 09133355852 (M) zsworr-ts@nic.in
303.	10	Warangal	Regional Sainik Welfare Office, O/o Reginal Sainik Welfare Office , Sainik Bhavan, Kanaka Durga Colony, Waddepally Warangal - 506 370	0870-2456018 (O) 09133355848 (M) zswowgl-ts@nic.in
UTTARAKHAND				
304.	1.	Almora	Zila Sainik Kalyan Evam Punarvas Adhikari, Zila Sainik Kalyan Evam Punarvas Karyalaya Chaughanpata Almora - 263601 (UK)	05962-230246 05962-232210 (F) 09568344888 (M) zskalmora-uk@gov.in zskalmora@yahoo.com
305.	2.	Bageshwar	Zila Sainik, Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Kanda Road, Bageshwar (UK)-263642	05963-220961 (O) 05963-221751 (F) 08172033354 (M) zskbageshwar-uk@gov.in zskbgr@yahoo.co.in
306.	3.	Chamoli	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Gopeshwar Chamoli – 246 401	01372-252195 (O) 01372-251481 (F) 08979740114 (M) zskchamoli-uk@gov.in zskchamoli@rediffmail.com
307.	4.	Champavat	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, District HQ, Champavat (U'Khand)	05965-230893 (O) 09412277441(M) 05965-230883 (F) zskchampawat-uk@gov.in zskchampa@hotmail.com

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
308.	5.	Dehradun	Zila Sainik Kalyan Evam Punarvas Adhikari, Zila Sainik Kalyan Evam Punarvas Karyalaya, Court Compound, Dehradun, Pin – 248 001	0135-2626091 (F) 09219696308 (M) 08171240134 (M) zskdehradun-uk@gov.in Zskddn01@gmail.com
309.	6.	Haridwar	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Tehsil Parisar, Jwalapur Haridwar (Uttarakhand) – 249407	01334-250916 01334-250082 8057566197 (M) zskharidwar-uk@gov.in zskhdruk@gmail.com
310.	7.	Lansdown (Pauri Garhwal)	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Distt HQ, Lansdown – 246155	01386-262365 (O) 01386-263149 (F) 09456533283 (M) zsklansdwne-uk@gov.in zsklnsdn@yahoo.co.in
311.	8.	Nainital (Haldwani)	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital Pin – 263 139	05946-281410 (O)/(F) 8755134224 (M) zskhaldwani@rediffmail.com zsknainital-uk@gov.in
312.	9.	Pauri (Garhwal)	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pauri Garhwal Pin – 246 001	01368-222335 (O) 09456533283 (M) 01368-223399 (F) zskpauri@gmail.com zskpauri-uk@gov.in
313.	10.	Pithoragarh	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pithoragarh–01	05964-224185 (O) 05964-226771 (F) 09412277441 (M) zskpithoragarh-uk@gov.in zsk_pth@yahoo.com
314.	11.	Rudraprayag	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, Sachchidanand Nagar Badrinath Marg, Rudraprayag, (UK)-246 171	01364-233584 (O)/(F) 08057566197 (M) zskrudraprayag-uk@gov.in zskrudraprayag@gmail.com

G. Sl. No	Sl No.	Office/ District	Name, Designation & Address	Telephone No.
315.	12.	Tehri Garhwal	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya New Tehri, Tehri (Garhwal) Pin- 249001	01376-232320 (O) 01376-234145 (F) 08126447790 (M) zsktehri-uk@gov.in Zsk.ntt2009@gmail.com
316.	13.	Udhamsingh Nagar	Zila Sainik Kalyan Evam Punarvas Adhikari, Zila Sainik Kalyan Evam Punarvas Karyalaya Karyalaya Shopping Complex, Rudrapur Udhamsingh Nagar-263153	05944-250331 (T/F) 05944-244826 09968546393 (M) zskusnagar-uk@gov.in zskausn@gmail.com
317.	14.	Uttarkashi	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	01374-222417 (O/F) 08126447790 (M) zskuttarkashi-uk@gov.in zskuttarkashi-uk@gov.in

UTTAR PRADESH				
318.	1.	Agra	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Campus Agra - 282 001	0562-2260549 07839553205 zsaag-up@nic.in
319.	2.	Aligarh	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Parisar, Aligarh – 202001	0571-2401763 7839553206 zsaal-up @nic.in
320.	3.	Prayagraj	Zila Sainik Kalyan Evam Punarvas Karyalaya, Infront of Lok Seva Aayog, Thorn Hill Road, Prayagraj - 211 001	0532-2548434 7839553207 zsaah-up@nic.in
321.	4.	Ambedkar Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya Old Collectorate, Ambedkar Nagar - 224122	05271-246818 7839553208 zsaan-up@nic.in
322.	5	Amethi	Office being established	8765610974 zsaam-up@gov.in
323.	6.	Amroha	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compund, Amroha – 244 221	05922-252109 7839553245 zsajp-up@nic.in
324.	7.	Azamgarh	Zila Sainik Kalyan Evam Punarvas Karyalaya, Redaupur, Infront of SBI Main Branch Azamgarh - 276 001	05462-220820 7839553209 zsaaz-up@nic.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
325.	8.	Auraiya	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Campus Auraiya – 206246	7839553210 zsaau-up@nic.in
326.	9.	Badaun	Zila Sainik Kalyan Evam Punarvas Karyalaya, Sainik Prishad, Near Zila Panchayat Gate Badaun - 243 601	05832-267122 7839553211 zsabd-up@nic.in
327.	10.	Bhadohi	Zila Sainik Kalyan Evam Punarvas Karyalaya, DM Collectorate Vill-Sarpataha Bhadohi - 221304	05414-251229 7839553212 zsasr-up@nic.in
328.	11.	Bagpat	Zila Sainik Kalyan Evam Punarvas Karyalaya, Court Road, Near Tehsil Bagpat – 262501	0121 – 2222843 0212-222284 07839553213(M) zsabg-up@nic.in
329.	12.	Bahraich	Zila Sainik Kalyan Evam Punarvas Karyalaya Mal Kachehari Bahraich - 271 801 (U P)	05252-234775 7839553215 zsabh-up@nic.in
330.	13.	Bijnore	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compund Bijnore - 246 701	01342-262994 7839553216 zsabl-up@nic.in
331.	14.	Balia	Zila Sainik Kalyan Evam Punarvas Karyalaya, NCC Tirha, Harpur Balua - 277 001	05498-240202 7839553216 zsabl-up@nic.in
332.	15.	Balrampur	Zila Sainik Kalyan Evam Punarvas Karyalaya Tehsil Sadar, Room No. 33 Second Floor , Balrampur - 271201	05263-235086 7839553217 zsablp-up@nic.in
333.	16.	Banda	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compound Banda - 210 001	05192-285392 7839553218 zsabn-up@nic.in
334.	17.	Barabanki	Zila Sainik Kalyan Evam- Punarvas Karyalaya, Faizabad Road In Front of Judge Residence, Barabanki - 225 001	05248-222565 7839553219 zsabb-up@nic.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
335.	18..	Bareilly	Zila Sainik Kalyan Evam Punarvas Karyalaya Kachehari Parisar Bareilly - 243 001	0581-2421794 7839553220 zsambr-up@nic.in
336.	19.	Basti	Zila Sainik Kalyan Evam Punarvas Karyalaya Opp DM Office, Basti - 272 001	05542-246670 (O) 7839553221 zsabs-up@nic.in
337.	20.	Bulands-hahar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Kachehri Road, Bulandshahr Pin – 203 001	05732-282562 (O) 7839553223 zsabu-up@nic.in
338.	21.	Chandauli	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compound Chandauli - 232104	05412-260700 (O) 07839553224 zsacd-up@nic.in
339.	22.	Chitrakoot	Zila Sainik Kalyan Evam Punarvas Karyalaya Zila Panchayat Compound Chitrakoot -210205	05198-236475 7839553225 zsact-up@nic.in
340.	23.	Deoria	Zila Sainik Kalyan Evam Punarvas Karyalaya , Near SP Office, Deoria Pin - 274 001	05568-222450 7839553226 zsade-up@nic.in
341.	24.	Etah	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compound Etah - 207 001	05742-233753 7839553227 zsaet-up@nic.in
342.	25.	Etawah	Zila Sainik Kalyan Evam Punarvas Karyalaya Railway Station Road Etawah – 206001	05688-254167 7839553228 zsaew-up@nic.in
343.	26.	Ayodhya	Zila Sainik Kalyan Evam Punarvas Karyalaya Civil Line Ayodhya - 224 001	05278-222184 7839553229 zsafz-up@nic.in
344.	27.	Farrukhabad	Zila Sainik Kalyan Evam Punarvas Karyalaya, Infront of Stadium, Fatehgarh Pin - 209 601	05692-234890 7839553230 zsafr-up@nic.in

G. Sl. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
345.	28.	Fatehpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Near SP Office, Fatehpur -212 601	05180-224232 07839553231 zsafu-up@nic.in
346.	29.	Firozabad	Zila Sainik Kalyan Evam Punarvas Karyalaya, Suhag Nagar, Section-1, Firozabad - 283 203	05612-230944 07839553233 zsafi-up@nic.in
347.	30.	Gautam-budh Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya Old Rajkeeya Degree College, Sector-19 'C' Block Gautambudh Nagar - 201301	0120-2544814 7839553234 zsagb-up@nic.in
348.	31.	Ghaziabad	Zila Sainik Kalyan Evam, Punarvas Karyalaya, Collectorate Compound, Raj Nagar Ghaziabad-201 001	0120-2822643 7839553235 zsaga-up@nic.in
349.	32.	Ghazipur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Head Post Office , Ghazipur – 233 001	0548-2226671 07839553236 zsagp-up@nic.in
350.	33.	Gonda	Zila Sainik Kalyan Evam Punarvas Karyalaya, Ambedkar Nagar Chauraha Infront of Judge's Bunglow, Gonda Pin - 271 001 (UP)	05262-230038 07839553237 zsagn-up@nic.in
351.	34.	Gorakhpur	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Civil Lines, Gorakhpur Pin - 273 001	0551-2337643 07839553238 zsagr-up@nic.in
352.	35	Hamirpur	Zila Sainik Kalyan Evam, Punarvas Karyalaya, Infront of Police Office, Hamirpur – 210 301	05282-222319 07839553239 zsahm-up@ nic .in
353.	36	Hapur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate, Hapur – 245101	8765610970 zsahap-up@nic.in
354.	37.	Hardoi	Zila Sainik Kalyan Evam, Punarvas Keryalaya, Hardoi, Near Cinema Chauraha, Hardoi - 241 001 (U P)	05852-234733 07839553240 zsahr-up@nic.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
355.	38.	Hathras	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectprate Compound, Hathras (UP) - 204121	05722-226245 07839553241 zsah-up@nic.in
356.	39.	Jalaun	Zila Sainik Kalyan Evam Punarvas Karyalaya, Churkhi Road, Baghora Jalaun Pin-285 001	05162-252798 07839553242 zsajl-up@nic.in
357.	40	Jaunpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Jaunpur - 222001	05452-261110 07839553243 zsaju-up@nic.in
358.	41.	Jhansi	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Jhansi - 284 001	0510 - 2980791 0510-2470049 07839553244 zsajh-up@nic.in
359.	42.	Kannauj	Zila Sainik Kalyan Evam Punarvas Karyalaya, Near BlockOffice Sarai Meera Road Kannauj -209721	05694-234071 07839553246 zsakj-up@nic.in
360.	43.	Kanpur Nagar	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Collectorate Compound, Kanpur Nagar-208001	0512-2306648 07839553247 zsakn-up@nic.in
361.	44.	Kanpur Dehat	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Behind Vikas Bhavan, Collectorate Compound Kanpur Dehat, Pin - 208 001	05111-270465 07839553248 zsakd-up@nic.in
362.	45.	Kasganj	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Sorogate, Kasganj - 207173	05744-242001 07839553249 zsakr-up@nic.in
363.	46.	Kaushambi	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Osa Manjanpur, Kaushambi -212207	05331-235642 07839553250 zsaks-up@nic.in
364.	47.	Kheri	Zila Sainik Kalyan Evam Punarvas Karyalaya, Lakhimpur, Collectorate Compound , Kheri - 262701	05872-252757 07839553251 zsalk-up@nic.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
365.	48.	Kushinagar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Ravinder Nagar Dhuse, Kushinagar - 274304	05564-246210 07839553262 zsaku-up@nic.in
366.	49.	Lalitpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Old Tehsil Lalitpur -284403	0517-6277800 07839553252 zsala-up@nic.in
368.	50.	Lucknow	Zila Sainik Kalyan Evam Punarvas Karyalaya, Sainik Bhawan, Kaiserbagh Lucknow – 226 001	0522-2622367 07839553254 zsalu-up@nic.in
369.	51.	Maharaj Ganj	Zila Sainik Kalyan Evam Punarvas Karyalaya, Mukhyalaya Collectorate Maharaj Ganj - 273 303	05523-223863 07839553255 zsamg-up@nic.in
370.	52.	Mahoba	Zila Sainik Kalyan Evam Punarvas Karyalaya, Pattaha Road , Near Power House Mahoba - 210 427	05281-244160 07839553256 zsamh-up@nic.in
371.	53.	Mainpuri	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound, Mainpuri Pin-205001	05672-234890 07839553257 zsamp-up@nic.in
372.	54.	Mathura	Zila Sainik Kalyan Evam Punarvas Karyalaya Near Civil Lines, Near Tehsil Mathura -281 001	0565-2471749 07839553258 zsamt-up@nic.in
373.	55.	Mau	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Building, Room No 7, Mau - 275 101	0547-2225816 07839553259 zsamb-up@nic.in
374.	56.	Meerut	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound Meerut - 250 001	0121-2644551 07839553260 zsame-up@nic.in
375.	57.	Mirzapur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Pattaha Mirzapur – 231 001	05442-256372 07839553261 zsami-up@nic.in zskmzp52@gmail.com
376.	58.	Moradabad	Zila Sainik Kalyan Evam Punarvas Karyalaya, Katchari Road, Court Campus, Moradabad - 244001	0591-2412260 (O) 07839553253 zsamo-up@nic.in

G. Sl. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
377.	59.	Muzaffar-Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Malviya Chowk, Muzaffarnagar-251001	0131-2437623 07839553263 zsamu-up@nic.in
378.	60.	Pilibhit	Zila Sainik Kalyan Evam Punarvas Karyalaya, New Tehsil, Room No 6 Pilibhit – 262 001	05882-258882 07839553294 zsapi-up@nic.in
379.	61.	Pratapgarh	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Office, Pratapgarh - 230 001	05342-220891 07839553265 zsapr-up@nic.in
380.	62.	Rampur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Parisar Rampur- 244901	0595-2350022 07839553266 zsara-up@nic.in
381.	63.	Raibareilly	Zila Sainik Kalyan Evam Punarvas Karyalaya, Sainik Bhawan, Near Collectorate Building Raibareilly - 229 001	0535-2203554 07839553267 zsarb-up@nic.in
382.	64.	Sant Kabir Nagar	Zila Sainik Evam Kalyan Punarvas Karyalaya, Collectorate Parisar Sant Kabir Nagar - 272175	05547-226778 07839553268 zsask-up@nic.in
383.	65.	Saharanpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Railway Road ,Saharanpur Pin - 247 001	0132-2643629 07839553269 zsasa-up@nic.in
384.	66.	Shahjahanpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound Shahjahanpur - 242 001	05842-223005 07839553270 zsasj-up@nic.in
385.	67.	Shamli	Zila Sainik Kalyan Evam Punarvas Karyalaya Rashtriya Kisan Inter College, Karnal Road, Shamli – 247776	8765610973 zsasham-up@nic.in
386.	68.	Siddharth Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Tehsil Parisar, Siddharth Nagar-272 207	05544-220345 07839553271 zsasn-up@nic.in

G. Sl. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
387.	69.	Sitapur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Lalbag, Sitapur - 261001	05862-242055 07839553272 zsasi-up@nic.in
388.	70.	Sonbhadra	Zila Sainik Kalyan Evam Punarvas Karyalaya, Vikas Bhawan, Room-66 Sonbhadra Pin 231216	05444-223885 07839553273 zsaso-up@nic.in
387.	71.	Shravasti	Zila Sainik Kalyan Evam Punarvas Karyalaya, Raja Saheb Ki Choti Kothi (Anand Bhavan) , Post - Bhingra, Shravasti -271831	07839553274 zsasv-up@nic.in
389.	72.	Sultanpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Tikunia Park, Sultanpur- 228 001	0536-240416 07839553275 zsasu-up@nic.in
390.	73.	Unnao	Zila Sainik Kalyan Evam Punarvas Karyalaya, In front of Railway Station Unnao – 209801	0515-2820544 07839553276 zsaun-up@nic.in
391.	74.	Varanasi	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound, Varanasi - 221002	0542-2508254 (O) 07839553277 zsava-up@nic.in
WEST BENGAL				
391.	1.	Murshidabad	Secretary Zila Sainik Board, Murshidabad 7/A, Barrack Square, PO-Behrampore Murshidabad,-742 101	03582-277459 9485103183 zsb- murshidabad@ban gla.gov.in
392.	2.	Burdwan, Birbhum	Secretary Zila Sainik Board, Burdwan " Sainik Bhavan", Baronilpur, PO- Sripally, Distt-Burdwan –713 103	0342-2644782 9051368574 secy.zsb- burdwan@bangla.gov.i n

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
393.	3.	Dakshin Dinajpur + Uttar Dinajpur	Secretary Zila Sainik Board, Raghunathpur PO: Beltlala Park, Dakshin Dinanpur, West Bengal – 733 103	03522-258175 9433313068(M) secy.zsbdd-wb@gov.in
394.	4.	Darjeeling	Secretary, Zila Sainik Board, Darjeeling "Sainik Bhavan", Kutchery Compound PO: & Dist: Darjeeling, West Bengal, PIN – 734 101	0354-2254056 zsb-darjeeling@gov.in
395.	5.	Howrah & Hooghly	Secretary, Zila Sainik Board, Howrah, New Trasury Building (Top Floor), Howrah Collectorate, PO & Dist: Howrah, PIN: 711 101	033-26414694 9433787981 secy.zsb-howrah@bangla.gov.in
396.	6.	Jalpaiguri	Secretary, Zila Sainik Board, Collectorate Complex, PO: & Dist : Jalpaiguri, West Bengal Pin – 735 101	03561-230848 9434042612(M) Zsb- jalpaiguri@bangla.gov.in
397.	7.	Kolkata	Secretary, Zila Sainik Board, Kolkata "Sainik Bhavan", 1/4, A.J.C Bose, Road, Kolkata Pin-700 020	033-22233893 8509767411 Zsb-kolkata@bangla.gov.in
398.	8.	Malda	Secretary Zila Sainik Board, Malda Collectorate Buildings, Office of ICDS, SW Deptt, Dist: Malda Pin – 733 103	03512-223546 9013814250 secy.zsb-malda@bangla.gov.in
399.	9.	Midnapore Merdininipur East & West, Purulla, Bankura	Secretary, Zila Sainik Board, Midnapore "Sainik Bhavan", PO: Rabindranagar, Dist : Paschim Midnapore, PIN : 721 101	03222-275874 7259244837 Secy.zsb- midnapore@bangla.gov.in

G. Sl. No	Sl. No.	Office/ District	Name, Designation & Address	Telephone No.
400.	10.	Nadia	Secretary Zila Sainik Board, Nadia Administrative Buildings, PO- Krishnagar Dist- Nadia, Pin- 741 101	03472-252287 (O) 8985775684 zsb-nadiawb@bangla.gov.in
401.	11.	North 24 Parganas	Secretary, Zila Sainik Board, 24 Parganas (North) o/o. Minority Affairs Bhavan, West Banamalipur, PO- Barasat Dist- North 24 Parganas, Pin-743 201	033-25628538 (O) 8848121327 zsb-barasat@bangla.gov.in
402.	12.	South 24 Parganas	Secretary, Zila Sainik Board, South 24 Parganas New Administrative Building, West Lobby (3rd Floor) PO- Alipore, Kolkata 700 027	033-24790542 8368018112 secy.zsb-wb@s24pgs.gov.in
403.	13	Cooch Behar Alipur Duar	Secretary, Zila Sainik Board, Coochbehar, Sagar Dighi Square (Old Election Office), Near SBI, Cooch Behar - 736101	03852-222196 secyzsb-wb.cbr@coochbehar.gov.in