

DEPTT OF SAINIK WELFARE/RAJYA SAINIK BOARDS

SI No	No of ZSBs	Office/ District	Name, Designation & Address	Telephone No.
1	23	Deptt of Sainik Welfare	ANDHRA PRADESH Smt. T. Swarna Kumari(FAC) The Director Sainik Welfare Sainik Aramghar Complex Plot No. -10, H.No. Durganagar Colony Hyderabad - 500 082	040-23423211 (O)/(F) 040-23423288 (O)/(F) 9177000036 (M) apsainik@yahoo.co.in apsainik@gmail.com www.apsainikwelfare.gov.in
2	00	Deptt of Relief, Rehabilitation & Settlement	ARUNACHAL PRADESH Vacant Director Dte of Relief, Rehabilitation & Settlement, Govt of Arunachal Pradesh New Itanagar -791110	0360-2212282 (O) 0360-2213615 (F) 09436041927 (M) rsbaruna@gmail.com
3	14	Deptt of Sainik Welfare	ASSAM Cmde (Retd) KC Choudhury VSM, Director Directorate of Sainik Welfare Sainik Bhavan, House No. 74 Lachit Nagar,Guwahati – 7 Pin- 781 007 (Assam)	0361-2522229 (O) 0361-2522229 (F) 0361-2201186 (R) rsbassam@gmail.com
4	09	Deptt of Sainik Welfare	BIHAR Shri Umesh Kumar Verma, BAS Director 39/84 Officers Flat, New Punaichak Patna – 800023	0612-2281016 (O) 0612-2281016 (F) 0612-2224637 (O) 09470208679 (M) directorsknbihar@gmail.com
5	10	Dte of Sainik Welfare	CHHATTISGARH Brig (Retd) JK Deosthale Director Deptt of Sainik Welfare, CG Near Collectorate Parisar Behind Home Guard Office Raipur - 492 001	0771-2445165 (O) 0771-2430084 (F) 09407627188 (M) dirsw.cg@gmail.com www.sainikwelfare.cg.gov.in
6	00	Rajya Sainik Board	GOA Maj (Retd) Venugopal Nair Secretary Deptt of Sainik Welfare Collectorate Building Panaji - 403 001	0832-2227138 (O) 0832-2227138 (F) 09420686834 (M) 0832-2443236 (R) secyrsbgoa@gmail.com
7	08	Deptt of Sainik Welfare and Resettlement	GUJARAT Lt.Col.(Retd) VS Chudasama Director Directorate of Sainik Welfare and Resettlement Gujarat State Gaurav Senani Bhavan Shahibaug - Airport Road,	079-22868347 (O) 079-22868348-51(O) 079-22868346 (F) 079-23245346 (R) dir-sw@gujarat.gov.in rsb_guj@rediffmail.com

			Shahibaug, Ahmedabad-04	
8	20	Rajya Sainik Board	HARYANA Vacant Secretary, Rajya Sainik Board, Sainik Bhawan, Sector 12 Shaheed Capt Rohit Kaushal Marg Panchkula - 134 109 (Haryana)	0172-2560462 (O)/(F) 0172-2562102 (R) secretaryrsb@gmail.com
9	10	Deptt of Sainik Welfare	HIMACHAL PRADESH SHRI ASHISH SINGHMAR, IAS Director Deptt of Sainik Welfare Govt of Himachal Pradesh Hamirpur - 177 001	01972-224659 (O) 01972-225643 (F) 09418066667 (M) dir-sw-hp@nic.in
10	10	Deptt of Sainik Welfare	JAMMU AND KASHMIR Brig (Retd) RS Langeh VSM Director Deptt of Sainik Welfare Ambphalla Jammu - 180 005 Jammu & Kashmir	0191-2561547 (O) 0191-2575362 (F) 09419180672 (M) 0191-2438178 (R) jkds53@gmail.com
11	05	Deptt of Sainik Welfare	JHARKHAND Col (Retd) Madan Mohan Tudu Director Sainik Kalyan Nideshalaya Ranchi (Jharkhand)	0651-2330178 (O) 0651-2330094 (R) 8002649648 (M) 0651-2332844 (F) jharkhand_skn@yahoo.in
12	13	Deptt of Sainik Welfare	KARNATAKA Capt (Retd) PB Shetti Director Deptt of Sainik Welfare & Resettlement Fd Mshl KM Cariappa Bhavan No 58, Fd Mshl KM Cariappa Road, Bangalore - 560 025	080-25589459 (O) 080-25589459 (F) 09886205130 (M) 080-28445706 (R) dirdswrblr@gmail.com
13	14	Deptt of Sainik Welfare	KERALA Capt (Retd) Shri KK Govindan Nair Director Deptt of Sainik Welfare Vikas Bhavan Thiruvananthapuram - 695033	0471-2304980 (O) 0471-2304980 (F) 09447030498 (M) 0471-2472401 (R) dswkerala@gmail.com
14	24	Deptt of Sainik Welfare	MADHYA PRADESH Vacant Deptt of Sainik Welfare Southern Shopping Centre Guru Teg Bahadur Complex TT Nagar, New Market P.B.NO 364 Bhopal - 462003	0755-2553992 (O) 0755-2577206 (O) 0755-2577209 (F) 0755-2646010 (R) dirrsb@mp.gov.in dswoffice@mp.gov.in jdrsb@mp.gov.in www.rsb.mp.nic.in
15	33	Deptt of Sainik Welfare	MAHARASHTRA Col (Retd) Suhas S Jatkar Director Deptt of Sainik Welfare	020-66262600 (O) 020-66262601 (O) 020-26332763 (O) 020-26332764 (O)

			Maharashtra State 'Raigad' Building Opp National War Memorial Solapur Road,Ghorpadi Pune - 411 001	09423033771 (M) 020-66262699 (F) dsw@mahasainik.com dir.dsw@mahasainik.com www.mahasainik.com
16	02	Rajya Sainik Board	MANIPUR Lt Col (Retd) H Sarat Singh Secretary Rajya Sainik Board Sainik Rest House Opp. Lamphel Police Station P.O. Lamphel - 795 004 (Manipur)	0385-2416228 (O) 09862672547 (M) rsb.manipur@rediffmail.com
17	01	Dte of Sainik Welfare	MEGHALAYA Brig (Retd) WJB Sturgeon YSM SM, Secretary Directorate of Sainik Welfare Public Service Commission Building,Beyond DC Building Shillong - 793 001	0364-2225613 (O) 0364-2225613 (F) 09436101551 (M) 0364-2536574 (R) rsbmegha@rediff.com
18	04	Deptt of Sainik Welfare	MIZORAM Surg. Lt. Cdr(Retd)Laluntluanga Director Deptt of Sainik Welfare & Resettlement, Tuikual 'A', PB No. 119, Aizawl - 796 001	0389-2322732 (O) 0389-2322732 (F) 09862789780 (M) 0389-2325811 (R) rsb_mzr@yahoo.in lalnuntluanga@ymail.com web site- www.sainikwr.mizoram.gov.in
19	05	Rajya Sainik Board	NAGALAND Brig (Retd) KK Roy Choudhury SM,VSM,Director Directorate of Sainik Welfare and Resettlement Kohima Home Deptt, Govt. of Nagaland sepfuzou Colony above Alder College, High School Road PO Kohima - 797 001	0370-2260150 (O) 0370-2260150 (F) 0370-2221991 (R) 09436216593 (M) swr.directorngl@yahoo.com Web site : nagaland.nic.in
20	07	Rajya Sainik Board	ODISHA Col (Retd) S C Mishra Secretary Rajya Sainik Board Nageswar Tangi, Lewis Road Bhubaneshwar - 751 002	0674-2432268 (O)/(F) 0674-2471111 (R) 09778617419 (M) secyrsbors@rediffmail.com secyrsbbbsr@gmail.com
21	22	Deptt of Sainik Welfare	PUNJAB Brig (Retd) J S Arora Director Defence Services Welfare Punjab-cum-Secretary Rajya Sainik Board, Punjab Sainik Bhawan, Sector 21-D Chandigarh - 160 021	0172- 2701845 (O) 0172-2707345 (F) 09779525052 (M) ddhq@rediffmail.com dswpb@rediffmail.com www.defenceserviceswelfarepunjab.org/

22	24	Sainik Kalyan Vibhag	RAJASTHAN Brig (Retd) Suresh Kumar Sharma Secretary Sainik Kalyan Vibhag Secretariat Building North Block Jaipur - 302 005	0141-2227650 (O) 0141-2227897 (O) 0141-2227650 (F) 0141-2232850 (R) 09414009539 (M) rajasthansainik@yahoo.com
23	03	Rajya Sainik Board	SIKKIM Col (Retd) DN Bhutia Secretary Rajya Sainik Board, Sikkim Paljor Stadium Road Gangtok - 737 101	03592-202534 (O) 03592-221456 (F) 09674877527 (M) dawasikkim@gmail.com
24	27	Deptt of Sainik Welfare	TAMIL NADU Maj (Retd) S. Jayakar, Joint Director (i/c) & Secretary, Rajya Sainik Board Dte of ExServicemen's Welfare 22, Raja Muthiah Salai, Choolai Chennai - 600 003	044-26691747 (O) 044-26691886 (O) 044-26691886 (F) 044-24615842 (R) exweldte@tn.gov.in
25	00	Rajya Sainik Board	TRIPURA (Vacant) Maj (Retd)P.K.Sinha, Asst.Secretary, Rajya Sainik Board , Nehru Office Complex Gorkhabasti,P.O. Kunjaban Agartala - 799 006 West Tripura	0381-2326507 (O) 0381-2326507 (F) 09402140066 (M) rsb.tripura@gmail.com rsb_sainikboard@rediffmail.com
26	14	Dte of Sainik Kalyan Evam Punarvas	UTTARAKHAND Maj(Retd) B S Negi Deputy Director Sainik Kalyan Evam Punarvas Uttarakhand, 15C Kalidaas Marg,PO- Haathibadkala Dehradun-248001	0135-2744208 (O) 0135-2741481 (O) 0135-2743773 (F) dskddn@gmail.com www.sainikkalyan.org
27	71	Sainik Kalyan Evam Punarvas	UTTAR PRADESH Brig (Retd) Amulay Mohan,SM,VSM Director Directorate Sainik Kalyan Evam Punarvas Kariappa Bhawan, Kaiserbagh, Lucknow-226001	0522-2625354 (O) 0522-2623909 (O) 0522-2625354 (F) 09415013499 (M) directorsainikkalyan@yahoo.com
28	12	Rajya Sainik Board	WEST BENGAL Col (Retd) Pranesh Rudra Pal Secretary, Rajya Sainik Board Block 'I' (First Floor) Writers' Buildings Kolkata - 700 001	033-22141347 (O) 033-22144643 (F) 09874535628 (M) rsbkolkata@yahoo.com rajyasainikboardwestbengal@gmail.com
29	00	Rajya Sainik Board	ANDAMAN & NICOBAR ISLANDS (UT) Col (Retd) K V Cherian, *VSM Honorary Secretary	03192-235621(O) 03192-235621(F) 09434281518 (M) secretaryrsbandnic@gmail.com

			Rajya Sainik Board A & N Administration, Veer Senani Bhawan, J.N. Road, Haddo, Port Blair - 744 101	<u>m</u>
30	00	Zila Sainik Welfare Office	CHANDIGARH (UT) Lt Col (Retd) Raj Kumar Singh Zila Sainik Welfare Officer Zila Sainik Welfare Office (UT) Opposite Aroma Hotel Sector 21-D Chandigarh Pin - 160022	0172-2701947 (O) 0172-2700317 (O) 0172-2726325 (F) 0172-5001631 (F)PP 0172-2721064 (R) 09888880566 (M) zswochd@gmail.com
31	00	Rajya Sainik Board	DELHI Gp Capt (Retd) RK Sharma Secretary Rajya Sainik Board Opp Tis Hazari Court No.1, Rajpur Road Delhi - 110 054	011-23991876 (O) 011-23969260 (O) 09818953191 (M) rsbdelhi@nic.in
32	00	Rajya Sainik Board	PUDUCHERRY (UT) Tmt. V.Thenrali Director Deptt of Sainik Welfare Jawan Bhavan Complex, Lawspet Main Road, Pakkamudayanpet, Puducherry - 605 008	0413-2337575 (F) 0413-2333271 (O) 0413-2333271 (O) 09894884691 (M) puducherrydsw@gmail.com

ZILA SAINIK WELFARE OFFICES/ZILA SAINIK BOARDS

G. Sl. No	Sl No	Office/ District	Name, Designation & Address	Telephone No.
<u>ANDHRA PRADESH *</u>				
1.	1	Adilabad	Sri A. Shanker, Zilla Sainik Welfare Officer (FAC) H.No.13-309,Near Auto Stand Drivers Colony, Kailas Nagar Adilabad - 504 002	08732-227063 (O) 09849903663 (M) zswo adb@yahoo.com
2.	2	Anantapuram	Maj (Retd) T. Mahesh Kumar (FAC) Zilla Sainik Welfare Officer	08554-241146 (O)/ (F) 08332980026 (M) zswoatp@yahoo.in

			Sainik Bhavan Near Clock Tower Anantapur – 515001	
3.	3	Chittoor	Maj (Retd) T Mahesh Kumar Zilla Sainik Welfare Officer (FAC) D.No.4-479,C.B. Road, Greampet Chittoor – 517 002	08572-228682 (O)/(F) 08332980026 (M) zswoctr@gmail.com
4.	4	East Godavari @ Kakinada	Sri A.V. Ramana Murty (FAC) Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada – 533 001 East Godavari District	0884-2375308 (O)/(F) 09441463029 (M) zswokd@yahoo.in
5.	5	Guntur	Sri G.Satyanandam (FAC) Zilla Sainik Welfare Officer Sainik Bhavan Opp Hindu College Guntur – 522 001	0863-2225853 (O)/(F) 09441638708 (M) zswognt@yahoo.co.in
6.	6	Hyderabad	Ex-Lt (IN) K.Praveen Kumar Zilla Sainik Welfare Officer H.No.6-1-285/2, 1 st Flr, Back side of Gharonda Super Market, Padmaraonagar Secunderabad -500025 Hyderabad District	040-27503132 (O)/(F) 09440866059 (M) zswohyd1@yahoo.com
7.	7	Kadapa	S.Basha Mohiddin Zilla Sainik Welfare Officer Sainik Bhavan Opp APS RTC Bus-stand Kadapa – 516 002	08562-244558 (O)/(F) 09866317304 (M) kdp.zsw@yahoo.com
8.	8	Karimnagar	Sri K. Krishna Reddy Zilla Sainik Welfare Officer (FAC) Sainik Bhavan Opp Revenue Club Karimnagar – 505 001	0878-2240622 (O)/(F) 09849904353 (M) zswoknr@yahoo.com
9.	9	Khammam	Sri P R Sastry (Deputation) Zilla Sainik Welfare Officer H.No:11-10-762/6 Raparathi Nagar By-pass Road Near Registrar Office Khammam - 507 102	08742-234888 (O)/(F) 08008285566 (M) zsw.kmm87@gmail.com
10.	10	Krishna @ Vijayawada	Sri G. Satyanandam Zilla Sainik Welfare Officer (FAC)	0866-2473330 (O)/(F) 09441638708 (M) zswovja@yahoo.in

			Indira Gandhi Municipal Complex Labbipet Vijayawada – 520010	
11.	1 1	Kurnool	Sri G. Rachaiah (Deputation) Zilla Sainik Welfare Officer (FAC) Sainik Bhavan, B- Camp Kurnool – 518 002	08518-229445 (O)/(F) 09494510499 (M) <u>zswoknl@yahoo.in</u>
12.	1 2	Mahabubnagar	Ex-Flt Lt (Dr) M Sri Balaji Zila Sainik Welfare Officer H. No. 5-1-241, 1 st Floor, Beside Income Tax Office DEO Officer Road Mahabubnagar- 509 001	08542-223468 (O)/(F) 09989403636 (M) <u>zswomhb@yahoo.in</u>
13.	1 3	Medak - Sangareddy	Sri M Narender Reddy Zilla Sainik Welfare Officer Integrated Collectorate Complex, 2 nd Floor, North West Block, Sangareddy - 502 001 Medak District	08455-276734 (O)/(F) 09966170084 (M) <u>zswomdk@ymail.com</u>
14.	1 4	Nalgonda	N Sreenesh Kumar Zilla Sainik Welfare Officer (FAC) H.No:6-4-165 (New) Opp Nagarjuna Degree College, Ramgiri 'X' Rd Nalgonda - 508 001	08682-224820 (O)/(F) 09440039383 (M) <u>zswonlg@yahoo.in</u>
15.	1 5	SPS Nellore	Shri Dr. V.Koteswara Rao Zilla Sainik Welfare Officer Sainik Bhavan, Kondagapalem Gate, Centre Dargamitta, SPSR Nellore – 524 004	0861-2328419 (O)/(F) 09849906012 (M) <u>zswonlr@yahoo.co.in</u>
16.	1 6	Nizamabad	Sri P. Venkatesham(FAC) Zilla Sainik Welfare Officer H.No.6-2-200/83-C Subhash Nagar Nizamabad - 503 002	08462-238509 (O)/(F) 09666617999 (M) <u>zswonzb@yahoo.com</u>
17.	1 7	Prakasam – Ongole	Dr. B. Ravi (FAC) Zilla Sainik Welfare Officer 8 th Portion, Ground Floor Old RIM Hospital Bhavan Opp: Collector Office Ongole- 523 001	08592-233086 (O)/(F) 09849909076 (M) <u>zswooogl@yahoo.in</u>
18.	1 8	Ranga Reddy	Sri N Sreenesh Kumar Zilla Sainik Welfare Office 2nd Floor, East Wing, Plot No. 10, Suryanagar Colony, Somajiguda	040-23392232 (O)/(F) 09440039383 (M) <u>zsworr@yahoo.co.in</u>

			R.R. District Hyderabad - 500 004	
19.	1 9	Srikakulam	Sri V.V Raja Rao (FAC) Zilla Sainik Welfare Officer Pedda Relli Veedhi Near St. Joseph School Srikakulam - 532 001	08942-227688 (O)/(F) 09247866059 (M) zswosklm@yahoo.com
20.	2 0	Visakhapatnam	Ex-Capt (Dr) P Satya Prasad Zilla Sainik Welfare Officer Sainik Bhavan, Maharanipet Visakhapatnam (Pin - 530 002)	0891-2706511 (O)/(F) 09848190308 (M) zswovsp@yahoo.com
21.	2 1	Vizianagaram	Sri V.V Raja Rao Zilla Sainik Welfare Officer Sainik Bhavan Cantonment Post Vizianagaram (Pin – 531 202)	08922-274743 (O)/(F) 09247866059 (M) zswovzm@yahoo.in
22.	2 2	Warangal	Smt T Vanaja Zilla Sainik Welfare Officer Sainik Bhavan Kanaka Durga Colony Waddepally Warangal - 506 370	0870-2456018 (O)/(F) 09908056298 (M) zswowgl@yahoo.com
23.	2 3	West Godavari @ Eluru	Sri AV Ramana Murty Zilla Sainik Welfare Officer D.No.12-60 State Bank Colony St. Xavier Nagar Eluru - 534 002	08812-253687 (O)/(F) 09441463029 (M) zswowg@yahoo.com
ASSAM *				
24.	1.	Cachar	Hony Capt (Retd) KBL Singha Zila Sainik Welfare Officer Zila Sainik Welfare Officer Park Road Silchar PO.& Dist-Silchar Pin – 788001	03842-231115 (O) 09678084431 (M) zsbccachar@gmail.com
25.	2.	Dibrugarh	Col (Retd) P.K.Deori Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh – 786 003	0373-2310083 (O) 09864045385 (M) zsbddibrugarh@gmail.com
26.	3.	Dhubri	Hony Capt (Retd) Prem Kumar Brahma Zila Sainik Welfare Officer Zila Sainik Welfare Office In Front of DC Office PO Dhubri - 783301	03662-232662 (O) 09435322419 (M)
27.	4.	Jorhat	Col (Retd) Mukti Nath Nath	0373- 2309317 (O)

			Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Distt Jorhat - 785 001	9859924839 (M) zsbjorhat@gmail.com
28.	5.	Kamrup	Cdr (Retd) U.C.Barman The Welfare Office Zila Sainik Welfare Office Kamrup, Guwahati – 01 C/oOffice of the Deputy Commissioner, Kamrup (Metro), Guwahati - 781 001	0361-2733147(O) 08876591173 (M) zsbkamrup@gmail.com
29.	6.	Kokrajahar	Col (Retd) Shibhen Ch. Roy Zila Sainik Welfare Officer Zila Sainik Welfare Office RNB Road (Near Head Post Office) Kokrajahar - 783 370	03661- 218239 (O) 09859930418 (M) zsbkokrajhar@gmail.com
30.	7.	Karbi Anglong	Vacant Zila Sainik Welfare Officer Zila Sainik Welfare Office Karbi Anglong PO Diphu - 782 460	03671-274981 (O) zsbkarbianglong@gmail.com
31.	8.	Lakhimpur	Hony Capt (Retd) NS Baruah Zila Sainik Welfare Officer, Zila Sainik Welfare Office North Lakhimpur - 787 001	03752-242228 (O) 07896651611 (M) zsblakhimpur@gmail.com
32.	9.	Nagaon	Col (Retd) D.K. Duarah Zila Sainik Welfare Officer Zila Sainik Welfare Office P.O.Nagaon - 782 001	03672-233665 (O) 09577627893 (M) zsbnagaon@gmail.com
33.	10.	Sonitpur	Hony Capt (Retd) Lohit Chandra Bhuyan Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Sonitpur PO Tezpur - 784 001	03712-233977 (O) 09678071381 (M) zsbsonitpur@gmail.com
34.	11.	Barpeta	Col (Retd) Dharani Dhar Sarma Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Dist Barpeta- 781 301	03665- 252193 (O) 08876588611 (M) zsbbarpeta@gmail.com
35.	12.	Goalpara	Hony Capt (Retd) Phulen Ch Ray Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Goalpara – 783 101	03663-240223 (O) 08011331517 (M) zsbgoalpara@gmail.com
36.	13.	Darrang	Hony Capt (Retd)	03713-225899 (O)

			Dimbeswar Das Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO- Mangaldai Dist Darrang Pin-784 152	09957415979 (M) <u>zsbdarrang@gmail.com</u>
37.	14.	Karimganj	Hony Capt (Retd) JR Sinha Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Karimganj Pin- 788710	03843-260248 (O) 09954990330 (M) <u>zsbkarimganj@gmail.com</u>
BIHAR				
38.	1.	Bhojpur	Col (Retd) Shri Pramod Kumar Zila Sainik Kalyan Karyalaya, Kutchehri Road Arrah-802301	06182-222866 (O) 09534739779 (M) <u>Patpondy2005@yahoo.com</u>
39.	2.	Bhagalpur	Sri Lalan Kumar Singh Sr. Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Tilaka Manjhi Bhagalpur - 812 001	0641-2400821 (O) 09431095882 (M) <u>zskofficebhagalpur@gmail.com</u>
40.	3.	Chhapra	Shri BN Jha Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, New Bus Stand, Chapra- 841301	06152-236714 (O) 09471205152 (M) <u>zskofficechapra@gmail.com</u>
41.	4.	Darbhanga	Smt Sudha Gupta Sr Dy Collector cum Zila Sainik Kalyan Padadhikari, Zila Sainik Kalyan Karyalaya, Polo Ground Darbhanga – 846001	06272-243728 (O) 09431331907 (M) <u>zskofficedarbhanga@gmail.com</u>
42.	5.	Gaya	Md. Naushad Ahmad NDC Dy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Gaya – 823001	0631-2421708 (O) 09801377086 (M) <u>zskofficegaya@gmail.com</u>
43.	6.	Motihari	Shri Dharmendra Kumar Sr. Deputy Collector cum Zila Sainik Kalyan Padadhikari Zila Sainik Kalyan Karyalaya Motihari	06252-238278 (O) 09934914639 (M) <u>zskofficemotihari@gmail.com</u>
44.	7.	Munger	Shri Birendra Kumar	06344-227345 (O)

			Sr. Deputy Collector cum Zila Sainik Kalyan Zila Sainik Kalyan Karyalaya Munger	09852041680 (M) zskofficemunger@gmail.com
45.	8.	Muzaffarpur	Shri Arjun Pratap Chandra D.C.L.R. (Muz East) Zila Sainik Kalyan Karyalaya Muzaffarpur	0621-2215373 (O) 09507402956 (M) zskofficemuzaffarpur@gmail.com
46.	9.	Patna	Col (Retd) Shri Pramod Kumar (Addl Charge) Sainik Kalyan Nideshalaya cum Zila Sainik Kalyan Padadhikari Patna	0612-2201026 (O) 09534739779 (M) zskofficepatna@gmail.com
CHHATTISGARH *				
47.	1.	Bilaspur	Gp Capt (Retd) AK Pathak Distt Sainik Welfare Officer Near Collectorate Parisar Bilaspur - 495 004 (CG)	07752-422121 (O) 07752-422121 (F) 09981199618 (M) zsk.bsp.cg@gmail.com
48.	2.	Durg	Col (Retd) R K Soni Distt Sainik Welfare Officer Raipur Naka, Near BSNL Tower, Durg - 491 001 (CG)	0788-2329939 (O) 0788-2329939 (F) 08305343232 (M) dswodurg@yahoo.com
49.	3.	Jagdalpur	Gp Capt (Retd) S K Das District Sainik Welfare Officer Surbhi Kunj, Near Balram Press, Balaji Ward, Jagdalpur, Bastar- 494001(CG)	07782-231347 (O) 07782-231347 (F) 09650220617 (M) dswojdp@gmail.com
50.	4.	Raipur	Cdr(Retd) Shailendra Kumar Distt Sainik Welfare Officer Near Collectorate Behind Home Guard Office Raipur - 492 001 (CG)	0771-2427449 (O) 0771-2427449(F) 09039021817 (M) dsworaipur@gmail.com
51.	5.	Rajnandgaon	Wg Cdr (Retd) A Srinivas Rao Distt Sainik Welfare Officer Near Old PWD Rest House Rajnandgaon - 491 441 (CG)	07744-226862 (O) 07744-226862 (F) 08129994545 (M) dsworjn.cg@nic.in
52.	6.	Jashpur	Gp Capt (Retd) DN Panda District Sainik Welfare Officer District Sainik Welfare Officer Cheer Bagicha, Jashpur (CG) Pin - 496 331	07763-220954 (O) 07763-220954 (F) 08962847928 (M) dswojsp@gmail.com
53.	7.	Ambikapur (Sarguja)	Vacant (Offg Dy Collector) District Sainik Welfare	07774-221721 (O) 07774-221721 (F)

			Officer Collectorate Campus Ambikapur,Surguja (CG) Pin Code- 497 001	08959508590 (M) <u>zsb.ambikapur@gmail.com</u>
54.	8.	Baikuntpur (Koria)	Vacant (Offg Dy Collector) Distict Sainik Welfare Officer Odgi Naka, Near Petrol Pump Baikuntpur,Koria (CG) Pin Code – 497 335	07836-233586 (O) 07836-233586 (F) <u>dsw0.bkpur@gmail.com</u>
55.	9.	Kanker	Vacant (Offg Dy Collector) Distict Sainik Welfare Office Shitlapara Road, R.E.S. Colony Kanker (CG) - 494334	07868-200021 (O)
56.	10.	Raigarh	Vacant (Offg Dy Collector) Distict Sainik Welfare Officer Boirdadar, Vinobanagar Raigarh Pin Code - 496001	07762- 215766
GUJARAT				
57.	1.	Ahmedaba d	Maj (Retd) Vikramsinh jadeja District Sainik Welfare and Resettlement Office, Behind Thaltej TV Tower, Near Drivein Cinema Thaltej, Ahmedabad - 380054	079-26851382 (O) 079-26851382 (F) <u>zsb_abd@rediffmail.com</u>
58.	2.	Vadodara	Lt Col (Retd) Virendra Singh Chudasama District Sainik Welfare and Resettlement Office, Military Boys Hostel, Chhani Road Vadodara- 390002	0265-2772666 (O) 0265-2772666 (F) <u>zsb_vdr24@rediffmail.com</u>
59.	3.	Jamnagar	Maj (Retd) Mahipat Gadhavi (Addl Charge) District Sainik Welfare and Resettlement Office, Lal Bungalow Sankul Jamnagar-361001	0288-2558311(O) 0283-2558311(F) <u>zsb_jamnagar09@rediffmail.com</u>
60.	4.	Surat	Maj (Retd) JPS Jadeja District Sainik Welfare and Resettlement Office, MS Building, A Block, 1 st Floor, Nanpura, Surat-395001	0261-2463820 (O) 0261-2463820 (F) <u>zsb_srt@rediffmail.com</u>
61.	5.	Rajkot	Maj (Retd) Mahipat	0281-2476825 (O)

			Gadhavi District Sainik Welfare and Resettlement Office Ex-Servicemen Rest House Near RUDA Office Rajkot-360001	0281-2476825 (F) <u>zsb_rjt@rediffmail.com</u>
62.	6.	Sabarkantha (Himatnagar)	Gp Capt (Retd)MM Patal District Sainik Welfare and Resettlement Office MS Buildings, Jilla Seva Sadan `C' Block, 1 st floor, Himatnagar (Sabarkantha)	02772-246620 (O) 02772-246620 (F) <u>zsb_sk@rediffmail.com.com</u>
63.	7.	Kutchh	Sri KP Pandya (Addl Charge) District Sainik Welfare and Resettlement Office, 114, Seva Sadan, Bhuj – 370001 Dist – Kutchh – Bhuj	<u>zsb_ktc@rediffmail.com</u>
64.	8.	Mahesana	Lt Col (Retd) Krishnadeepsinh District Sainik Welfare and Resettlement Office, Block No.-2, 3 rd Floor, jilla Seva Sadan Raj Mahel Road Mahesana - 384001	02762- 220235 (O) 02762 – 220235 (F) <u>zsb-msn@rediffmail.com</u>
HARYANA				
65.	1.	Ambala	Maj (Retd) Jai Singh Phogat Secretary Zila Sainik Board Mall Road (Sainik Road House) Ambala Cantt - 133001 Distt. Ambala (Haryana)	0171-2530557 (O) 0171-2640557 (F) <u>zsbambcantt@gmail.com</u>
66.	2.	Bhiwani	Lt Col(Retd)Aman Singh Yadav Secretary, Zila Sainik Board Railway Road Bhiwani - 125 021	01664-243538 (O) <u>zsbbwn@gmail.com</u>
67.	3.	Faridabad	Col (Retd) Chandra Kant Roy Secretary, Zila Sainik Board Sector -16, Faridabad – 121001	0129-2287304 (O) <u>zsbbwn@gmail.com</u>
68.	4.	Fatehabad	Lt Col (Retd) Sarita Yadav Secretary, Zila Sainik Board 24-A, Industrial Area Fatehabad (Haryana)	01667-224219 (O) <u>zsbfatehabad@rediffmail.com</u>
69.	5.	Gurgaon	Lt Col (Retd)Surrender Kaajla	0124-2320730 (O) <u>zsb_ggn @g mail.com</u>

			Secretary Zila Sainik Board Opp Apna Bazar, Civil Lines, Gurgaon - 122001	secretarysainikboardgurgaon@rediffmail.com
70.	6.	Hisar	Col (Retd) V K Goindi Secretary, Zila Sainik Board, Sainik Rest House, Near Old Court Road, Hissar (Haryana)	01662-272901 (O) <u>zsb.hisar@rediffmail.com</u>
71.	7.	Jhajjar	Wg Cdr (Retd) KK Yadav Secretary Zila Sainik Board, Priya Colony, Near Distt Social Welfare office Jhajjar (Haryana) - 124103	01251-254236 (O) <u>secy.zsbjrr@yahoo.com</u>
72.	8.	Jind	Col (Retd) V K Goindi (Additional Charge) Sainik Board Sainik Rest House Jind – 126102	01681-245254 (O) <u>zsbjind@yahoo.com</u>
73.	9.	Kaithal	Maj (Retd) Balwinder Singh (Addl Charge) Secretary, Zila Sainik Board Bldg No.761/13, Amargarh Gamri, Opp Gali No. 3 Kaithal - 132 027	01746-223731 (O) <u>secretaryzsbkaithal@gmail.com</u>
74.	10.	Karnal	Col(Retd) Ravinder Singh Secretary, Zila Sainik Board Near Distt Session Court GT Road, Karnal – 132801	0184-2272589 (O) secretaryzsbknl@yahoo.in
75.	11.	Kurukshetra	Maj (Retd) Balwinder Singh Secretary, Zila Sainik Board Shopping Complex Sainik Rest House, Sector- 13, Urban State, Kurukshetra – 132118	01744-220922 (O) zsbkkr@gmail.com
76.	12.	Narnaul	Maj (Retd) Vidyanand Secretary, Zila Sainik Board Sainik Rest House Narnaul - 123001	01282-250259 (O) zsb_nnl@yahoo.com
77.	13.	Panchkula	Lt Col (Retd) Naresh Secretary, Zila sainik Board SCO No.101, First Floor Sector -11 Panchkula -134 017(Haryana)	0172-584213 (O) secretaryzsbpkl@yahoo.in
78.	14.	Panipat	Maj (Retd) DPS Budhwar (Additional Charge) Secretary, Zila Sainik Board Kothi No.118, Adarsh	01742-650311 (O) zsbnpn@gmail.com

			Nagar [(Near Post Office, CSD (I) Canteen], Panipat - 132 103	
79.	15.	Rewari	Maj (Retd) Pratap Singh Secretary, Zila Sainik Board Rewari - 123 401	01274-224341 (O) secretaryzsbrwr.zsb28@gmail.com
80.	16.	Rohtak	Capt (Retd) VS Narwal Secretary, Zila Sainik Board Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	01262-242687 (O) zsbrohtal@rediffmail.com
81.	17.	Sirsa	Lt Col (Retd) Sarita Yadav (Additional Charge) Secretary, Zila Sainik Board Mini Secretariat Complex Sirsa - 125055	01666-247339 (O) zsbsrs@gmail.com
82.	18.	Sonepat	Maj (Retd) DPS Budhwar Secretary, Zila Sainik Board Gohana Road, Near New Police Lines Sonepet - 131001	0130-2242659 (O) zsb spt@gmail.com
83.	19.	Yamuna Nagar	Col (Retd) S Virender Mohan Secretary, Zila Sainik Board, Yamuna Nagar Housing Board Colony, Sector – 18, HUDA Jagadhri, Yamuna Nagar-135001	01732-211892 (O)/(F) secryzsbynr@rediffmail.com
84.	20.	Palwal	Maj (Retd) RK Sharma Secretary, Zila Sainik Board, 4, Civil Lines, Near Hero Honda Agency, Hodal Road, Palwal, Haryana - 121 102	01275-202509 (O)
HIMACHAL PRADESH				
85.	1.	Bilaspur	AC to DC, Bilaspur (Addl Charge) Deputy Director Zila Sainik Welfare Office Bilaspur - 174 029 (H.P)	01978-222343 (O) 01978-266550 (R) 01978-223065 (F) blphp@yahoo.com
86.	2.	Chamba	AC to DC, Chamba (Addl Charge) Deputy Director Zila Sainik Welfare Office Chamba – 176314	01899-222357 (O) dswochamba@gmail.com
87.	3.	Hamirpur	AC to DC, HamirPur (Addl Charge) Deputy Director Zila Sainik Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 (O) sainikwelfarehamirpur@gmail.com
88.	4.	Kangra -	Sqn Ldr (Retd)Manoj Rana	01892-223279 (O)

		Dharmashala	Dy Director Zila Sainik Welfare Office Kangra at Dharamshala- 176215	deputydirectorswkangra@gmail.com
89.	5.	Kullu	AC to DC, Kullu(Addl Charge) (Addl Charge) Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 (O) dd_zswo_kul_hp@nic.in
90.	6.	Mandi	AC to DC, Mandi (Addl Charge) Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) – 175001	01905-222120 (O) ddrzsw@gmail.com
91.	7.	Shimla + Kinnaur	AC to DC, Shimla (Addl Charge) Deputy Director Zila Sainik Welfare Office Longwood, Shimla – 171001 (HP)	0177-2658586 (O) ddsw.sml.knr@gmail.com
92.	8.	Sirmour at Nahan	AC to DC Nahan(Addl Charge) Dy Director Zila Sainik Welfare Office Sirmour At Nahan - 173001	01702-222551 (O) sainikwel.sir.hp@nic.in
93.	9.	Solan	AC to DC, Solan(Addl Charge) Deputy Director ZilaSainik Welfare Office The Mall, Solan (HP) – 173212	01792-223764 (O) sainik-sol-hp@nic.in
94.	10.	Una	Major (Retd) Raghbir Singh Deputy Director Zila Sainik Welfare Deptt Una (HP) – 174303	01975-226090 (O) ddzswouna@gmail.com
JAMMU & KASHMIR *				
95.	1.	Baramulla, Bandipora, Kupwara	Lt Col (Retd) NU Sheikh Zila Sainik Welfare Officer Premises of DC Office Near Bus Stand Baramulla - 193 101 (J & K)	0195-238539 (O) 09596162493 (M) zilasainikboardbaramulla@gmail.com
96.	2.	Doda, Ramban, Kishtwar	Maj (Retd) SL Khajuria Zila Sainik Welfare Officer Near PWD Dak Bangalow Doda – 182 202 (J & K)	01996-233553 (O) 01996-233553 (F) 09797358470 (M) zsbddoda@gmail.com
97.	3.	Jammu	Col (Retd) JDS Kotwal Zila Sainik Welfare Officer Ambphalla Jammu Pin - 180 005 (J & K)	0191-2546273 (O) 0191-2546273 (R) 09419117085 (M) zswojammu@yahoo.in

98.	4.	Kathua	Vacant Col (Retd) KB Gupta(Addl Chrg) Zila Sainik Welfare Officer Near Govt Hr.Sec.School (Boys) Kathua - 184 101 (J & K)	01922-234785 (O) 01922 – 234785 (R) <u>zswokathua@yahoo.in</u>
99.	5.	Leh + Kargil	Maj (Retd) Bodh Raj Sabharwal Zila Sainik Welfare Officer Opp SP Office Leh (Ladakh) - 194 101 (J & K)	01982-252270 (O) 01982-252270 (F) 09419613461 (M) <u>zswoleh@yahoo.in</u>
100.	6.	Poonch	Maj (Retd) Prem Singh Zila Sainik Welfare Officer Near Bus Stand Poonch Pin -185101 (J & K)	01965-220161 (O) 01965- 220161 (F) 09419253793 (M) <u>zilasainikwelfarepoonch@gmail.com</u>
101.	7.	Rajouri	Maj (Retd) RS Thakur Zila Sainik Welfare Officer Jawahar Nagar Rajouri Pin -185132 (J & K)	01965-263350 (O) 01965- 263350 (F) 09858090423 (M) <u>zsworajouri@yahoo.in</u>
102.	8.	Samba	Col (Retd) KB Gupta Zila Sainik Welfare Officer Ward No. 8, Samba Pin - 184 121 (J & K)	01923-217802 (O) 0191- 250121 (R) 0941-9139583 (M) <u>zswosamba@gmail.com</u>
103.	9.	Srinagar, Budgam, Ganderbal, Anantnag, Kulgam, Pulawama, Shopian.	Col (Retd) SA Quershi Zila Sainik Welfare Officer Batamaloo Road Srinagar Pin- 190 010 (J & K)	0194-2474728 (O) 0194-2474728 (F) 09419250360 (M) <u>zswosrinagar@yahoo.in</u>
104.	10.	Udhampur, Reasi.	Vacant Maj(Retd) SL Khajuria (Addl Chrg) Zila Sainik Welfare Officer Adarsh Colony, Udhampur Pin – 182 101 (J & K)	01992-271338 (O) 01922-2592268(R) <u>zilasainikudh@yahoo.com</u>
<u>JHARKHAND *</u>				
105.	1.	Chaibasa	Lt Col (Retd) MK Das Zila Sainik Kalyan Karyalaya Court Compound, West Singhbhum, Chaibasa - 833201	06582-259545 (O) <u>zilasainikchaibasa@gmail.com</u>
106.	2.	Dumka	Lt Col (Retd) AK Jha Zila Sainik Kalyan Karyalaya Court Compound,	06434-223878 (O) 06434-223878 (F) <u>zskkdumka@yahoo.com</u>

			Dumka-814101	
107.	3.	Hazaribagh	Vacant Zila Sainik Kalyan Karyalaya Multipurpose Building, Near Private Bus Stand Hazaribagh- 825301	06546-267767 (O) <u>zskkhazaribagh@yahoo.in</u>
108.	4.	Ranchi	Lt Col (Retd) AP Singh (Addl Charge) Zila Sainik Kalyan Karyalaya Sainik Bazar, Main Road Ranchi, Pin – 834001	0651-2330159 (O) 0651-2330159 (F) <u>zskkranchi@yahoo.in</u>
109.	5.	Gumla	Lt Col (Retd) KN Ghosal Zila Sainik Kalyan Karyalaya Sashtri Nagar, Gumla, Jharkhand	06524- 221129 (O) <u>zskkgumla@yahoo.in</u>
KARNATAKA *				
110.	1.	Bangalore (Bangalore Urban)	Maj (Retd) RS Viswanath Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Bangalore (Urban Dist) Pin - 560025	080-25585119 (O) 09481819260 (M) <u>sainikurban@rediffmail.com</u>
111.	2.	Bangalore (Rural) + Chikkaballa pur, Kolar, Ramnagar & Tumkur	Maj (Retd) RS Viswanath Joint Director Ofiice of the Joint Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Banglore (Rural) Pin – 560025	080-25588718 (O) 080-25589459 (F) <u>sainikrural@rediffmail.com</u>
112.	3.	Gulbarga Raichur Bindar	Maj (Retd) Dr Doddappa Hugar, Deputy Director Dept of Sainik Welfare & Resettelmant, Vikas Bhavan Complex (Mini Vidhana Soudha) Station Road, Gulbarga Pin – 585102	08472-225003 (O) 08472-225003 (F) 09591555894 (M) <u>sainikwelfareglb@yahoo.com</u>
113.	4.	Bijapur	Maj (Retd) Dr DH Hugar Deputy Director Office of the Deputy Director Deptt of Sainik Welfare & Resettlement Distt Office Building Bijapur	08352-250913 (O) 08352- 56666 (F) 09591555894 (M) <u>sainikwelfare_bijapur@yahoo.co.in</u>

			Pin - 586 101	
114.	5.	Bagalkot and Koppal	Maj (Retd) Shivaji M Tukkar Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Dist Administration Building, Ground Floor (Near Post Office) Bagalkot Pin – 587101	08354-235434 (O) 09916425737 (M) sainik.bgk@rediff.com
115.	6.	Belgaum	Ex Flt Lt MS Lolaksha Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgaum - 590 001	0831-2469341 (O) 0831-2469341 (F) 09945173849 (M) sainikwelfarebelgaum@yahoo.in
116.	7.	Dharwad	Wg Cdr(Retd)Ishwar Kodalli Deputy Director Office of Deputy Director Deptt of Sainik Welfare & Resettlement DC's Office Compound Dharwad - 580 001	0836-2440176 (O) 09880542689 (M) sainikwelfarewd@yahoo.com
117.	8.	Uttara Kannada	Cdr (Retd) Induprabha V Deputy Director Dept of Sainik Welfare & Resettlement, M.G. Road, Karwar, Uttara Kannada, District – 581301	08382-226538 (O) 08382-226538 (F) 08050368197 (M) sainikkwr@gmail.com
118.	9.	Dakshina Kannada & Udupi	Ex Capt AMC Dr Prakash NS Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Sainik Rest House Building, Urva Stores Ashok Nagar – PO Mangalore – 575006	0824-2450933 (O) 09448549149 (M) dydirdswrmlor@yahoo.com
119.	10.	Kodagu	Sri BR Shetty Joint Director Dept of Sainik Welfare & Resettlement, Canara Bank Building, Main Road, Madikeri Pin – 571201	08272-229866 (O) jtdirectordswrmdk@yahoo.com
120.	11.	Shimoga Chitradurga Davanagere	Lt Col (Retd) M. Geetha Mahabal, Deputy Director Dept of Sainik Welfare & Resettlement, K. Balaraj Urs Road Near DC's Residence	08182-220925 (O) 09449748055 (M) soldier-shimoga@rediffmail.com

			Shimoga – 577201	
121.	12.	Hassan and Chikkamagalur Dists	Shri C Shivaswamy Deputy Director Dept of Sainik Welfare & Resettlement, 'Shree Vasvi Nilay' Shankaripur, Ist Cross, B M Road, Hassan – 573201	08172-250465 (O) sainikalyanhassan@in.com
122.	13.	Mysore Mandya Chamarajanagar	Maj (Retd) Dr JR Balasubramanyam Deputy Director Office of the Deputy Director Dept of Sainik Welfare & Resettlement, Sq n Ldr AB Devaiah Bhavan, Near DC's Office Mysore - 570005	0821-2425240 (O) 0821-2425240 (F) 09632953019 (M) sainikkalyanmysore@in.com
KERALA *				
123.	1.	Alappuzha	Shri MR Davis Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	0477-2245673 (O) zswoalp@gmail.com
124.	2.	Eranakulam	Shri PJ Jacob Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	0484-2422239 (O) zswoekm@yahoo.com
125.	3.	Idukki	Smt Sheeba Ravi Zila Sainik Welfare Office Theruvan Towers Thodupuzha, Iddukki - 685584	0486-2222904 (O) zswoidukki@yahoo.com
126.	4.	Kannur	Shri Ramakrishnan AK Zila Sainik Welfare Office Civil Station, Kannur- 670002	0497-2700069 (O) zswokannur@gmail.com
127.	5.	Kasaragod	Shri Ramakrishnan AK (Additional Charge) Zila Sainik Welfare Office Civil Station PO, Vidya Nagar, Kasaragod - 671123	0499-4256860 (O) zswoksgd@bsnl.in
128.	6.	Kollam	Shri SK Sreelal Zila Sainik Welfare Office Civil Station, Kollam-691013	0474-2792987 (O) zswokollam@yahoo.co.in
129.	7.	Kottayam	Shri Vinod Mathew Zila Sainik Welfare Office Muttambalam PO, Kanjikuzhi, Kottayam- 686004	0481- 2570287 (O) zswoktym@gmail.com
130.	8.	Kozhikode	Shri NP Abdul Azeez	0495- 2771881 (O)

			Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	kkdzsw@bsnl.in
131.	9.	Malappuram	Shri Muraleedharan KS Zila Sainik Welfare Office Civil Station, Malappuram – 05	0483-2734932 (O) zswompm@gmail.com
132.	10.	Palakkad	Shri Shiju Sharif Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	0491-2501633 (O) zswopalakkad@gmail.com
133.	11.	Pathanamthitta	Shri A Kishan Zila Sainik Welfare Office, Collectorate Pathanamthitta - 689645	0468-2222104 (O) zswopta@gmail.com
134.	12.	Thiruvananthapuram	Shri Prasannan Pillai G Zila Sainik Welfare Office Vanchiyoor Thiruvananthapuram- 695035	0471-2472748 (O) zswotvpm@Gmail.com
135.	13.	Thrissur	Shri VB Premnath Zila Sainik Welfare Office Sainik Centre, Poothole Thrissur-680004	0487- 2384037 (O) zswothrissur@gmail.com
136.	14.	Wayanad	Shri A Ravindran Zila Sainik Welfare Office Kalpetta North PO, Wayanad-673122	04936-202668 (O) zswowyd@gmail.com
MADHYA PRADESH *				
137.	1.	Betul	Col (Retd) Md Esrarul Haque Distt Sainik Welfare Officer Chitinvis Kothi, Civil Line Betul Pin - 460 001	07141-230790 (O) 09826014693 (M) dswobet@mp.gov.in
138.	2.	Bhind	Gp Capt (Retd) VS Gandhi Distt Sainik Welfare Officer Collectorate, By Pass Road Near Mela Ground, Bhind, Pin - 477001 (MP)	07534-236379 (O) 08435039266 (M) dswobhind@gmail.com
139.	3.	Bhopal	Col (Retd) DC Goyal Distt Sainik Welfare Officer Sainik Rest House, Banganga Chouraha Bhopal - 462 003 (M P)	0755-2556198 (O) 0755-2556198 (F) 09300087014 (M) 0755-2430136 (R) dswopho@mp.gov.in
140.	4.	Chhatarpur	Gp Capt (Retd) Manoj Gurg Distt Sainik Welfare Officer Ward No.38,H.No.-36 Shanti Nagar Colony, Sagar Road,Near Bijawar	07682-245460 (O) 07682-245460 (F) 09584850722 (M) dsocha@mp.gov.in

			Naka,Chhatarpur - 471 001	
141.	5.	Chindwara	Col (Retd) Raja Shekhar Distt Sainik Welfare Officer Near Ekta Park, Nagpur Road, Chindwara - 480 001 (M P)	07162-242119 (O) 07162-242119 (F) 09993446872 (M) <u>dsowchi@mp.gov.in</u>
142.	6.	Damoh	Gp Capt (Retd) SK Khare Distt Sainik Welfare Officer New Collectorate, Room No. 55 Damoh - 470 661 (M P)	07812-224108 (O) 07812-224108 (F) 08349656747 (M) <u>dswodam@mp.gov.in</u>
143.	7.	Gwalior	Col (Retd) Rakesh Pathak Distt Sainik Welfare Officer Race Course Road, Near Sainik Petrol Pump, Gwalior – 474002	0751-2340878 (O) 0751-2471539 (O) 09893589261 (M) <u>dswogwa@mp.gov.in</u>
144.	8.	Khandwa	Wg Cdr (Retd) M Nasir Distt Sainik Welfare Officer Collectorate Parisar Khandwa	0733-2228311 (O) 09201632261 (M) <u>dswokhd@mp.gov.in</u>
145.	9.	Indore	Col (Retd) Ram Kumar Distt Sainik Welfare Officer, Jairam Pur Colony, Indore – 4502004	0731-2367319 (O) 0731-2367319 (F) 09827508379 (M) 07324-226249 (R) <u>dswind@mp.gov.in</u>
146.	10.	Guna	Col (Retd) Pradeep Kumar Dar Sainik Welfare Officer Jail Road, Opp Akashwani Bhavan, Guna – 473001	07542-251010 (O) 09669506033 (M) <u>dswogun@mp.gov.in</u>
147.	11.	Hoshangab ad	Col (Retd) Arvind Nigam,SM Distt Sainik Welfare Officer, Behind Home Guard Office, Hoshangabad - 461 001 (M P)	07574-254465 (O) 07574-254465 (F) 09425310645 (M) <u>dswohos@mp.gov.in</u>
148.	12.	Jabalpur	Col (Retd) PK Vaidya Distt Sainik Welfare Officer Katanga Colony, Narmada Road, Shaheed Raman Bakshi Marg Jabalpur - 482 001 (M P)	0761-2667336 (O) 0887851465 (M) 0761-2603157 (R) <u>dswojab@mp.gov.in</u>
149.	13.	Mandsaur	Wg Cdr(Retd) Rajesh P Nigam Distt Sainik Welfare Officer HDX-33, Duplex, Street No. 2, Kitiyani Mandasaur - 458 001 (M P)	07422-256139 (O) 07422-256139 (F) 09039013706 (M) <u>dswomas@mp.gov.in</u>
150.	14.	Morena	Vacant Distt Sainik Welfare Officer Near to Railway Over	07532-226003 (O) 07532-226780 (F) 08349378595 (M)

			Bridge Chauraha, MS Road Morena - 476 001 (MP)	dswomor@mp.gov.in
151.	15.	Narsinghpur	Col (Retd) VP Tripathi Distt Sainik Welfare Officer Ashok Nivas Sadar, 1 st Wing Narsinghpur - 487 001 (M P)	07792-232128 (O) 09479380111 (M) dswonar@mp.gov.in
152.	16.	Ratlam	Vacant Distt Sainik Welfare Officer Opposite Home Guard Colony Nagra Road, Ratlam Pin Code - 457 001(M P)	07412-201124 (O) 07412-201124 (F) 0734 - 2510362 09685900204 (M) dsworat@mp.gov.in
153.	17.	Rewa	Gp Capt (Retd)DV Shukla Distt Sainik Welfare Officer TH- 8 B Block, Shilpi Construction, Kothi Road, Rewa-486001 (MP)	07662-254118 (O) 07662-254118 (F) 07804909240 (M) dsworew@mp.gov.in
154.	18.	Satna	Gp Capt (Retd) SK Tiwari Distt Sainik Welfare Officer Near Jawahar Nagar, Stadium/ Water Tunki Satna - 485 001 (M P)	07672-222389 (O) 07672-222389 (F) 09713200652 (M) dswosat@mp.gov.in
155.	19.	Sagar	Maj (Retd) GS Yadav Distt Sainik Welfare Officer Collectorate Compound, Sagar - 470 001 (M P)	07582-225589 (O) 07582-225589 (F) 09407016050 (M) dswosag@mp.gov.in
156.	20.	Seoni	Lt Col (Retd) Jaya Xavier Distt Sainik Welfare Officer Bara Pathar, Tooti Puliya Road, Near Gayatri Temple, Seoni - 480 661, (M P)	07692-222730 (O) 07692-222730 (F) 09981920255 (M) dswoseo@mp.gov.in
157.	21.	Shahdol	Col (Retd) PN Shukla Distt Sainik Welfare Officer H No. 536, Pandey Nagar, Shahdol - 484 001 (M P)	07652-248949 (O) 09425182155 (M) dswoshd@mp.gov.in
158.	22.	Sidhi	Lt Col (Retd) Mrs P Ganga Distt Sainiik Welfare Officer Near Tilak Talkies, Maharana Pratap Road, Sidhi - 486 661 (MP)	07822-250852 (O) 07822-250852 (O) 07415249145 (M) dswosid@mp.gov.in
159.	23.	Tikamgarh	Col (Retd) J P Sharma Distt Sainik Welfare Officer Room No.75, Collectorate, Tikamgarh - 472 001 (M P)	07683-240709 (O) 09425453431 (M) dswotik@mp.gov.in
160.	24.	Ujjain	Col (Retd) Samsom Tewari Distt Sainik Welfare Officer B- 9/6, Mahananda Nagar Ujjain - 456 010 (M P)	0734-2511355 (O) 0734-2511355 (F) 08989879160 (M) dswoujj@mp.gov.in
MAHARASHTRA *				

161.	(a)	AhmedNagar	Col (Retd) Pradipkumar Narsu Dhole Zila Sainik Welfare Officer Ex-Servicemen Rest House Chandni Chowk Ahmednagar – 414 001	0241-2323160 (O) 02442- 222105 (O) 09421015690 (M) 09423032817 (M) zswo_ahmednagar@mahasainik.com
162.	(b)	Akola	Ex Flt Lt. Ratnakar M.Charde Zila Sainik Welfare Officer Collector Office Compound Akola-444001	0724 -2436070 (O) 09403309325 (M) zswo_akola@mahasainik.com
163.	(c)	Amravati	Lt Cdr(Retd)Mohammad Alim Wahed Zila Sainik Welfare Officer Amravati Camp Dist. Amravati-444602	0721-2662621 (O) 08275185077 (M) 0721 -2660929 (R) zswo_amravati@mahasainik.com
164.	(d)	Aurangabad	Ex maj Chandrasen V Kulthe Zila Sainik Welfare Officer Nandanvan Colony, Bhavsinghpura Road Aurangabad – 431203	0240-2370313 (O) 09890657075 (M) zswo_aurangabad@mahasainik.com
165.	(e)	Bhandara Gondia	Ex Capt Deepak R Limsay Zila Sainik Welfare Officer Mahasul Karmarachri Parisar Bhandara – 440 001	07184-250619 (O) 09822461851(M) zswo_bhandara@mahasainik.coms
166.	(f)	Beed	Lt Col (Retd) SA Rokhale Zila Sainik Welfare Officer Near District Court Beed-431122	02442-222105 (O) 0241- 2323160 (O) 09049778558 (M) zswo_beed@mahasainik.com
167.	(g)	Buldhana	Cdr (Retd) Milinkumar M Badage Zila Sainik Welfare Officer “Sainiki Complex”, Near ST Bus Stand Buldhana -443 001	07262-242208 (O) 09422882143 (M) zswo_buldhana@mahasainik.com
168.	(h)	Chandrapur	Cdr (Retd)V Kumar Babasaheb Patil Zila Sainik Welfare Officer New Administrative Building Chandrapur – 442401	07172-257968 (O) 09422322495 (M) zswo_chandrapur@mahasainik.com
169.	(i)	Dhule	Ex Capt Mohan B Kulkarni (Addl charge with zswo Jalgaon) Zila Sainik Welfare Officer Ex-servicemen Rest House Collector Office compound Dist. Dhule - 424001	02562-237264 (O) 0257- 2241414 (O) 0257-2261841 (R) 09422786346 (M) zswo_dhule@mahasainik.com
170.	(j)	Gadchiroli	Cdr (Retd) Vijaykumar B Patil (Addl Charge) Office of the District Magistrate Zila Sainik Welfare Officer	07172- 248955 (O) 09422322495 (M) zswo_chandrapur@mahasainik.com

			Gadchiroli	
171.	(k)	Jalgaon	Ex Capt Mohan B Kulkarni Zila Sainik Welfare Officer Collector Compound Jalgaon Pin – 425001	02562-237264 (O) 02562-2261841(R) 09422786346 (M) zswow_jalgaon@mahasainik.com
172.	(l)	Jalna	Lt Col (Retd) Sameer B Raut, Zila Sainik Welfare Officer Opposite District Sports Sankul Beed Bypass Road Jalna – 431 203	02482-225201 (O) 09623509489 (M) zswow_jalna@mahasainik.com
173.	(m)	Kolhapur	Lt Col (Retd) Suhas D Naik Zila Sainik Welfare Officer Collector Compound, Nagala Park Kolhapur – 416003	0231-2665812 (O) 09423577808(M) zswow_kolhapur@mahasainik.com
174.	(n)	Latur	Ex- Maj (Retd) Kalyankingstan Y Zambre Zila Sainik Welfare Officer Sainik Sankul, Ambajogai Road, Front of MIMSR Medical College Latur – 413 512	02382-245189 (O) 09665063714 (M) zswow_latur@mahasainik.com
175.	(o)	Mumbai City	Ex Lt Cdr(Mrs) Milan M Patil City Sainik Welfare Office Old Custom House, Fort Mumbai – 400001	022-22700404 (O) 022- 23088011 (O) 08108692960 (M) zawow_mumbaicity@mahasainik.com
176.	(p)	Mumbai Upnagar	Ex Capt(Retd) Vidhya V Ratnaparakhi Zila Sainik Welfare Officer Mumbai Suburban District Administrative Building 9 th Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai – 400051	022-265552172 (O) 09869070211 (M) zswow_mumbaiupnagar@mahasainik.com
177.	(q)	Nasik	Ex Maj Pranjal P Jadhav (Addl Charge) Zila Sainik Welfare Officer Collector Office Compound Nasik – 422 002	0253-2577255 (O) 09321918195 (M) zswow_nashik@mahasainik.com
178.	(r)	Nagpur	Ex Lt Nitin Pande Zila Sainik Welfare Officer Administrative Building No.1, 3 rd Floor,Civil Line, Nagpur- 440001	0712-2561133 (O) 09373100805 (M) zswow_nagpur@mahasainik.com
179.	(s)	Parbhani- Nanded	Lt Col (Retd) S B Raut (Addl Charge) Zila Sainik Welfare Officer Collectorate Compound, Nanded– 431 602	02452-245510 (O) 02452-220340 (O) zswow_parbhani@mahasainik.com
180.	(t)	Nandurbar	Ex Capt Mohan Balvant Kulkarni	09422786346 (M)

			(Addl Charge) Zila Sainik Welfare Office Collectorate Compound Nandurbar	
181.	(u)	Osmanabad	Maj (Retd) Subhash B Sasane Zila Sainik Welfare Officer Collector Office Compound Osmanabad – 413501	02472-222557 (O) 09970856438 (M) zswo_osmanabad@mahasainik.com
182.	(v)	Pune	Col (Retd) Bipin Dattatraya Shinde Zila Sainik Welfare Officer Collector Office Compound, Pune – 411 001	020-26122287 (O) 09423039599 (M) zswo_pune@mahasainik.com 09423039599
183.	(w)	Hingoli	Lt Col (Retd) Rajendrakumar R Jadhav (Addl Charge) Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani – 431401	02452-220340 (O) 09850893511 (M) zswo_parbhani@mahasainik.com
184.	(x)	Raigad	Lt Col (Retd) Rajendrakumar R Jadhav (Addl Charge) Zila Sainik Welfare Officer Near Lekha Kosh Office Raigad – 402201	02141-222208 (O) 09850893511 (M) zswo_raigad@mahasainik.com
185.	(y)	Ratnagiri	Col (Retd) Prakashrao Shamrao Patil Zila Sainik Welfare Officer Collector Office Compound Shivaji Nagar Ratnagir – 415612	02352-222271 (O) 09423017202 (M) zswo_ratnagiri@mahasainik.com
186.	(z)	Satara	Maj (Retd) BS Jare Zila Sainik Welfare Officer Ajinkyatara Bldg, Povai Naka Satara – 415001	02162-239293 (O) 09766448666 (M) zswo_satara@mahasainik.com
187.	(a)	Sangli	Ex Capt Sunil Moreshwar Godbole (Addl Charge) Zila Sainik Welfare Officer Sangli Miraj Road, Pushkar Chowk Sangli – 416416	0233-2671711 (O) 09421222564 (M) zswo_sangli@mahasainik.com
188.	(b)	Solapur	Capt (Retd) Sunil Moreshwar Godbole Zila Sainik Welfare Officer Collector Office Compound Solapur – 413004	0217-2731035 (O) 09421222564 (M) zswo_solapur@mahasainik.com 09421222564(M)
189.	(c)	Sindhudurg	Lt.Col(Retd) Suhas D.Naik (Addl Charge) Zila Sainik Welfare Officer Main Administrative Building C Block, 1 st Floor,	02362-228820 (O) 09423577808 (M) zswo_sindhudurg@mahasainik.com

			At + Post - Oras (BK), Tel. Kudal Dist Sindhudurg-416812	
190.	(d)	Thane	Maj (Retd) Pranjal P Jadhav Zila Sainik Welfare Officer Collector Office, Room No. 402, 4 th Floor, Tembhi Naka Thane – 400601	022-25343174 (O) 09869074423 (M) zswo_thane@mahasainik.com
191.	(e)	Yavatmal (Yeotmal)	Flt Lt (Retd) D.Y.Sadaphal (Addl Charge) Zila Sainik Welfare Officer Collector Office Compound Dist. Yavatmala – 445001	07232-245273 (O) 09850318606 (M) zswo_yavatmal@mahasainik.com
192.	(ff)	Wardha	Ex Flt Lt Dhananjay Y Sadaphal Zila Sainik Welfare Officer Front side of Yashwant Mahavidhyalaya Wardha – 442 001	07152-257698 (O) 07172-240691 (O) 09850318606 (M) zswo_wardha@mahasainik.com
193.	(g)	Washim	Lt Col (Retd) RR Jadhav Zila Sainik Welfare Officer Room No.206, Admin Bldg. Collector Office Compound, Washim – 444505	07252-288741 (O) 07252-230188 (R) 09920494423 (M) zswo_washim@mahasainik.co
MANIPUR				
194.	1.	Imphal	Lt Col (Retd) H Sarat Singh Secretary PO- Lamphel, Dist-Imphal West Manipur - 795004	09862672547 (M) 0385-2416228 (O)
195.	2.	Churachandpur	Major (Retd) Jangkholum Gangte Secretary Churachandpur	09856666350 (M)
MEGHALAYA				
196.	1.	Shillong +East & West Khasi Hills, Jaintia Hills, Ribhoi, East, West & South Garo Hills	Ex Maj (Dr.) K I Singh Zila Sainik Welfare office East Khasi Hills, Shillong Old NEC Building, Shillong-793001	0364-2500459 (O) 09774273416 (M) zsbshillong@rediff.com
MIZORAM *				
197.	1.	Aizawl	Lalrinliani, MMS Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram - 796 001	0389-2333131(O) 09436147426 (M) 0389-2340685(R) zswazlmiz@yahoo.in
198.	2.	Lunglei +Chhimtui ui	Hony Capt (Retd) Lalthantluanga Deputy Director Zila Sainik Welfare &	0372-2324737(O) 0372-2324737(F) 09436370075 (M) zswllimiz@yahoo.in

			Resettlement Office Distt. Lunglei - 796 701	
199.	3.	Kolasib	C.Khamluaia, MCS District Sainik Welfare & Resettlement Officer Distt. Kolasib - 796081	03837-222265 (O) 03837-222265 (F) 09863221849 (M) zsb_kolasib@yahoo.in
200.	4.	Champhai	Rochuangkimi Khenglawt, MCS District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	03831-2355170 (O) 03831-2355170 (F) 09612223471 (M) chamsan77@gmail.com
<u>NAGALAND *</u>				
201.	1.	Dimapur	Col (Retd) K Ahluwalia Zila Sainik Welfare Officer Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	03862-280002 (O) 09436304277 (M) dcdmp-ngl@nic.in
202.	2.	Kohima	Hony Capt (Retd) Lenkhapao Kuki, SM Zila Sainik Welfare Officer Zila Sainik Welfare Office Kohima DC's Office Complex Kohima - 797 001	0370-2900342(O) 09436304277 (M) dckma-ngl@nic.in
203.	3.	Mokokchung	Lt Col (Retd) RS Ahluwalia Zila Sainik Welfare Officer Zila Sainik Welfare Office Khasiya Line PO Mokokchung -797601	09436006336 (M) dcmok-ngl@nic.in
204.	4.	Wokha	Hony Capt (Retd) CK Lotha Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex Wokha PO Wokha - 797 111	03860-22648(O) 09856210355(M) dcwok-ngl@nic.in
205.	5.	Zunheboto	Hony Capt (Retd) Tekitiba Ao Zila Sainik Welfare Officer Zila Sainik Welfare Office Zunheboto - 798620	03867-220545(O) 09436174006 (M) dczhb-ngl@nic.in
<u>ODISHA *</u>				
206.	1.	Cuttack	Col (Retd) Sukumar Banerjee Zila Sainik Board At Mission Road, Buxi Bazar (Near the Samaj Office) PO/Dist-Cuttack-1, Pin – 753001	0671-2420159 (O) 09938181261 (M) zsbktk02@gmail.com

207.	2.	Balasure	Maj (Retd) Prafulla Kumar Naik Secretary, Zila Sainik Board Brit Buildings C&D Block, OT Road, Balasure - 756 001	06782-261668 (O) 09937000491 (M) zsbbbs.orissa@rediffmail.com
208.	3.	Dhenkanal	Gp Capt (Retd), S K Nath Secretary, Zila Sainik Board At Kunja Kanta, Dhenkanal – 759 001	06762-226484 (O) 09178463134 (M) sainikboard.dkl@gmail.com
209.	4.	Ganjam (Berhampur)	Col (Retd) Bisweswar Rout Secretary, Zila Sainik Board Berhampur, Near Ganjam club Ganjam - 760 004	0680-2292485 (O) 09437604490 (M) zsbbrahmapur57@rediffmail.com
210.	5.	Kalahandi (Bhawanipatna)	Major (Retd) BB Sahoo Secretary, Zila Sainik Board Govt. Colloge Road In front of D.I.C Office (above Union Bank) Bhawanipatna	06670-230110 (O) 09853024967 (M) zsbklldbnp@yahoo.in
211.	6.	Sambalpur	Col (Retd) DB Acharya Secretary, Zila Sainik Board Collectorate, 2nd floor, Sambalpur - 768 001	0663-2410154 (O) 09937644514 (M) secyzsbsbp@rediffmail.com
212.	7.	Keonjhar	Maj (Retd) Natabar Jena Secretary Zila Sainik Board Keonjhar Collectorate Complex, Keonjhar	06766-254652 (O) 08018455750 (M) natabar05@yahoo.com
PUNJAB				
213.	1.	Amritsar	Lt Col (Retd) Gurinderjit Singh Gill District Defence Services Welfare Officer 52, Court Road, Opp GPO, Amritsar - 140 001	0183-2563102 (O) <u>dswo_asr@rediffmail.com</u>
214.	2.	Bathinda	Cdr (Retd) Baljinder Virk District Defence Services Welfare Officer Near Court Complex Bathinda	0164-2212612 (O) sainikwelfarebti@rediffmail.com
215.	3.	Faridkot	Lt Col (Retd) Jasbir Singh Boparai (Additional Charge) District Defence Services Welfare Officer Talwandi Road, Faridkot – 151 203	01639-250788 (O) ddswfdk@rediffmail.com
216.	4.	Fatehgarh	Wg Cdr (Retd) HS Kang	0176-3232287 (O)

		Sahib	District Defence Services Welfare Officer Near Bachhat Bhavan Fatehgarh Sahib- 140407	fgsdsw010@rediffmail.com
217.	5.	Ferozepur	Lt Col (Retd) Jasbir Singh Boparai District Defence Services Welfare Officer Near Saragarhi Gurudwara Ferozepur	01632-246211 (O) dsw0_fzr@rediffmail.com
218.	6.	Fazilka	-do-	Functioning at Ferozepur
219.	7.	Gurdaspur	Lt Col (Retd) Satbir Singh District Defence Services Welfare Officer Near DC Court , Gurdaspur	01874-231127 (O) dswogsp@rediffmail.com
220.	8.	Hoshiarpur	Maj (Retd) Yaspaul Singh District Defence Services Welfare Officer Green New Park,Court Road Hoshiarpur	01882-222013 (O) dswhspr@rediffmail.com
221.	9.	Jalandhar	Lt Col (Retd) HP Singh District Defence Services Welfare Officer Shastri Market, Ladowali Road Jalandhar	0181-2455423 (O) dsw0_jal@rediffmail.com
222.	10.	Kapurthala	Col (Retd) Amarbir Singh Chahal District Defence Services Welfare Officer Near District Court, Kapurthala	01822-232872 (O) dsw0_kpt@rediffmail.com
223.	11.	Ludhiana	Col (Retd)Kanwar Preet Singh Atwal District Defence Services Welfare Officer Near Clock Tower, Ludhiana - 141 001	0161-2741066 (O) dsw0_ldh@yahoo.com
224.	12.	Mansa	Wg Cdr (Retd) Rajwant Singh (Additional Charge) District Defence Services Welfare Officer Opp Ranbir Club, Mansa - 151 505	01652-229181 (O) dsw0_mansa@rediffmail.com
225.	13.	Moga	Col (Retd)Kanwar Preet Singh Atwal District Defence Services Welfare Officer DC Complex, Moga	01636-237488 (O) dsw0.moga@rediffmail.com
226.	14.	SAS Nagar	Lt Col (Retd) PS Bajwa	0172 -2270075

			(Addl Charge) District Defence Services Welfare Officer Sas Nagar	dsws_sas@rediffmail.com
227.	15.	Muktsar Sahib	Cdr (Retd) Baljinder Virk (Additional Charge) District Defence Services Welfare Officer Bathinda Road, Muktsar Sahib – 152 026	01633-240701 (O) dsws_mkts@rediffmail.com
228.	16.	Shahid Bhagat Singh Nagar	Maj (Retd) Daljit Singh Brar District Defence Services Welfare Officer 331, Friends Colony, SBS Nagar	01823-225075 (O) dsws_nsr@rediffmail.com
229.	17.	Patiala	Col (Retd) Sarabjit Singh Sanga, (Additional Charge) District Defence Services Welfare Officer Near Railway Bridge Patiala	0175-2361188 (O) <u>patialadsws@rediffmail.com</u>
230.	18.	Ropar	Lt Col (Retd) PS Bajwa District Defence Services Welfare Officer Near Old Bus Ropar	01881-220324 (O) <u>dsws_rpr@rediffmail.com</u>
231.	19.	Sangrur	Wg Cdr (Retd) Rajwant Singh District Sainik Welfare Officer Opp Ranbir Club, Sangrur - 148 001	01672-234021 (O) <u>sangrur_dsws@rediffmail.com</u>
232.	20.	Tarantaran	Lt Col (Retd) Gurinderjit Singh Gill (Additional Charge) District Defence Services Welfare Officer Tarantaran	0183-2563102 (O) <u>ddswott@rediffmail.com</u>
233.	21.	Barnala	Wg Cdr (Retd) Rajwant Singh (Additional Charge) District Defence Services Welfare Officer Sangrur	01672-234021 09876128768 (M) sangrur_dsws@yahoo.com
234.	22.	Pathankot	Lt Col (Retd) Satbir Singh, (Additional Charge) District Defence Services Welfare Officer Pathankot	09872939400 (M) dswogsp@rediffmail.com
RAJASTHAN *				
235.	1.	Ajmer	Col (Retd) LN Sharma Zila Sainik Kalyan Karyalaya Sainik Vishram Grah	0145-2627972 (O) 09680961539 (M) dsboardajmer@gmail.com

			Building Opp Revenue Board, Ajmer - 305 001	
236.	2.	Alwar	Maj(Retd) Prabhu Dayal Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	0144-2338527 (O) 09982943354 (M) skolw22j@gmail.com
237.	3.	Barmer	Maj (Retd) P S Bhati Zila Sainik Kalyan Karyalaya Near Railway Station Barmer - 344 001	02982-221185 (O) 09828343765 (M) zska-bar-rj@nic.in
238.	4.	Bharatpur	Col (Retd) NS Shekhawat Zila Sainik Kalyan Karyalaya Near Gordhangate Bharatpur - 321 001	05644-223707 (O) 09413232223 (M) zska-bha-rj@gmail.com
239.	5.	Bikaner	Col (Retd) BS Bhati Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Public Park, Bikaner - 334 001	0151-2226671 (O) 09413143639 (M) aslam zska-bikrj@yahoo.in
240.	6.	Bhilwara	Col (Retd) MP Sharma Adhikary Zila Sainik Kalyan Karyalaya, C-221, Subhash Nagar, In Front of Reliance Office, Bhilwara	01482-265133 (O) 09610526789 (M) Bhitorsainik2013@gmail.com
241.	7.	Churu	Maj (Retd) Ram Kumar Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Churu - 331 001	01562-250948 (O) 09672951234 (M) kaswanmajorrkk@gmail.com
242.	8.	Chirawa	Col (Retd) PS Shekhawat Zila Sainik Kalyan Karyalaya, Chirawa, Behind Dalmia Ground, Chirawa, Jhunjhunu	01596-222880 (O) 09001634348 (M) sainik.chirawa@gmail.com
243.	9.	Deedwana	Maj (Retd) Manohar Singh Rathore Adhikary Zila Sainik Kalyan Karyalaya Behind Jivan Bima Nigam Sainik Vishram Grah Building Deedwana Distt Nagaur - 341303	01580-223729 (O) 09413965858 (M) zska-nag-did-rj@nic.in
244.	10.	Jaipur	Col (Retd) Rajesh Bhukar Zila Sainik Kalyan Karyalaya	0141-2201487 (O) 09828925550 (M)

			Sainik Vishram Grah Building Jai Singh Highway, Bani-Park Jaipur - 302 006	rbhukar1@ gmail.com zskajaip_rj@nic.in
245.	11.	Jaisalmer	Vacant Sainik Kalyan Karyalya, Jaisalmer Near Railway Station, Jaisalmer	02992-250029 (O) 09414205285 (M) zskajairj@gmail.com
246.	12.	Jhunjhunu	Cdr (Retd) AL Krishnia Zila Sainik Kalyan Karyalaya Jhunjhunu Near Railway Station Jhunjhunu	01592-232653 (O) 09783969009 (M) yogilns@yahoo.com
247.	13.	Jodhpur	Lt Col (Retd) RS Rathore Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Rai Ka Bagh, Jodhpur 342- 006	0291-2650372 (O) 09352355450 (M) zska-jod-rj@nic.in
248.	14.	Kota	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building In front of Bhimrao Hospital Kota	0744-2323712 (O) 09413318285 (M) zska-kotj@yahoo.com
249.	15.	Karauli	Col (Retd) Narender Singh Chouhan Zila Sainik Kalyan Karyalaya Karauli, Sainik Nagar Near Chungi Naka, Hindon Road, Karauli	07464-221734 (O) 09414035313 (M) zska-kar-rj@nic.in
250.	16.	Nagaur	Maj (Retd) Babusingh Rajput Adhikary Zila Sainik Kalyan Karyalaya Near Railway Station Nagaur - 341 001	01582-240776 (O) 09828853822 (M) zska-nag-rj@nic.in
251.	17.	Neem Ka Thana (Sikar)	Maj (Retd) Kaptan Singhl Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	01574-231920 (O) 09001634348 (M) majpradhudayalagria@yahoo.in
252.	18.	Pali	Lt Col (Retd) Guman Singh Adhikary Zila Sainik Kalyan Karyalaya Jaipur Highway Road Pali Sojat Road, Pali - 301 406	02932-225230 (O) 08058248105 (M) zskkpali@yahoo.com
253.	19.	Behror	Gp Capt (Retd) SS Dholiya Zila Sainik Kalyan Adhikari Behrod (Alwar)	01494-297084(O) 09460983107 (M) dholiyashiv@gmail.com

			Rajasthan	
254.	20.	Shergarh	Col (Retd) Udai Singh Zila Sainik Kalyan Karyalaya, Shergarh (Jodhpur), Rajasthan	02929-243694 (O) 09413329031 (M) zska-jod-she-rj@nic.in
255.	21.	Sikar	Maj (Retd) Jisukh Ram Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	01572-254437 (O) 09887291364 (M) zskasikrj@gmail.com
256.	22.	Sri Ganganaga r	Col (Retd) BK Chhibbar Adhikary Zila Sainik Kalyan Karyalaya Lakkar Bazar Sri Ganganagar (Rajasthan)	0154-2422547 (O) 09610606063 (M) vkchhibber@gmail.com
257.	23.	Tonk	Col (Retd) DL Meena Adhikari Zila Sainik Kalyan Karyalaya 1/17, Housing Board Colony Tonk	01432-245862(O) 09414278310 (M) dsboardtonk2012@gmail.com
258.	24.	Udaipur	Lt Col (Retd) DN Sharma Adhikary Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	0294-2524724 (O) 09460682275 (M) zska-uda-rj@nic.in
SIKKIM				
259.	1.	Gangtok East/North Sikkim	Vacant Welfare Officer Zila Sainik Board PS Road, Gangtok East Sikkim - 737 101	03592-201062 (O) 09933805796 (M)
260.	2.	Namchi South Sikkim	Sub (Retd) PB Gurung Welfare Officer Zila Sainik Board (South) Namchi, South Sikkim Pin - 737 126	03595-263003 (O) 094334871395 (M) Zsbnamchi12@gmail.com
261.	3.	Gyalshing West Sikkim	Sub (Retd) TD Bhutia Welfare Officer Zila Sainik Board, Gyalshing, West Sikkim Pin – 737111	03595-250067 (O) 08972685007 (M) zsbgyz@gmail.com
TAMIL NADU*				

262.	1.	Chennai	Lt Col (Retd) Tmt.A.D.Maria Venitta, Deputy Director, Ex-Servicemen's Welfare Major Parameswaran Memorial Building, 2E, West Mada Street Srinagar Colony, Saidapet Chennai Pin - 600 015 (T N)	044-22350780 (O) 09442612294 (M) <u>exwelchn@tn.gov.in</u>
263.	2.	Coimbatore	Lt Col (Retd) Tmt S.Radha Assistant Director, Ex-Servicemen's Welfare Ex Services Centre, Huzur Road, Coimbatore Pin - 641 018 (T N)	0422-2214107 (O) 09994770553 (M) <u>exweicbe@tn.gov.in</u>
264.	3.	Cuddalore	Thiru S Mohan,B.Com, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar,Pudupalayam Cuddalore – 607 001	04142-294732 (O) 09486575695 (M) <u>exwelcud@tn.gov.in</u>
265.	4.	Dindigul	Maj (Retd) M.Sureshkumar, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre Master Plan Complex Collectorate Dindigul –624 305	0451-2460086 (O) <u>exweldgl@tn.gov.in</u>
266.	5.	DharmaPuri	Thiru C Sathiamoorthy,B.Sc., Asstt Director Ex-Servicemen's Welfare No. H.49, kalliappa Nivas, TNHB, Avvai Nagar, Othapatti Dharmapuri – 636 705	04342- 230086 (O) 09788312867 (M) <u>exweldpi@gmail.com</u>
267.	6.	Erode	Thiru.R. Rajendran,B.A., Asstt Director Ex-Servicemen's Welfare Jawans Bhavan Gandhiji Road, (Near Manickam Theatre) Erode - 638 001 (T N)	0424-2263227(O) 09442518331 (M) <u>exwelerd@tn.gov.in</u>
268.	7.	Kancheepuram	Lt.Col(Retd) Tmt.Banu Elumalai, Assistant Director Ex-Servicemen's Welfare No. 2, GST Road, Jeeva Commercial Complex Tambaram Chennai - 600 045	044-22262023(O) 09003210050 (M) <u>exwelkpm@tn.gov.in</u>

269.	8.	Kanyakumari	Maj.(Retd)VS jayakumar,M.A, Deputy Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kottar, Nagercoil-629002	04652-243515 (O) 09442107209 (M) <u>exwelkkm@tn.gov.in</u>
270.	9.	Krishnagiri	Maj (Retd) MMuthuram,B.Com Assistant Director, Ex-servicemen's Welfare, Ex-service's Centre, 433, Banglore Road, Krishnagiri- 635 001	04343-236134 (O) 09488492798 (M) <u>exwelkgi@tn.gov.in</u>
271.	10.	Madurai	Tmt.C. Ramalakshmi, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre, Near Madurai Jn, Railway Station, Railway Colony Madurai - 625 016 (T N)	0452-2308216 (O) <u>exwelmdu@tn.gov.in</u>
272.	11.	Nagapattinam	Vacant Asstt Director Ex-Servicemen's Welfare Gd Floor, Collocate Complex, Nagapattinam Pin - 611 002	04365-253042 (O) 09940827415 (M) <u>exwelngp@tn.gov.in</u>
273.	12.	Namakkal	Tmt. K Pankayar Selvi Asstt Director, Ex-Servicemen's Welfare R.D.O.Office Complex, Mohanur Road, Namakkal – 637 001	04266-233079 (O) 09443019291 (M) <u>exsernklad@gmail.com</u>
274.	13.	Pudukottai	Thiru.M.Balasubramanian, Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1 st Street Thirukokarnam P.O. Pudukottai Pin - 622 002	04322-221593 (O) 09940827415 (M) <u>exwelpdk@tn.gov.in</u>
275.	14.	Ramanathapuram	Ex.Capt.S.Vijaykumar Asstt Director Ex-Servicemen's Welfare Ex-Service Centre, MasterPlan Complex, Collectorate, Ramanathapuram Pin – 623503	04567-230045 (O) 09486142583 (M) <u>exwelrmd@tn.gov.in</u>
276.	15.	Salem	Ex-Flt.Lt.S Manivannan	0427-2410903 (O)

			Deputy Director District Ex-Servicemen's Welfare, Room No.307,3 rd Floor Collectorate Complex, Salem, Pin – 636001	0427-2410903 (F) 0936281718 (M) exwelslm@tn.gov.in
277.	16.	Sivagangai	Thiru.R.Jeyagopal, Asstt Director Ex-Servicemen's Welfare Ex-Services Centre Maruthupandiyar Nagar Sivagnagai Pin - 623 560	0457-240483 (O) 09655434466 (M) exwelsvg@tn.gov.in
278.	17.	Thanjavur	Vacant Asst Director Ex-Servicemen's Welfare Ex-Servicemen Centre, Muthukumara, Moopnar Road, Opp. Head Post Office, Thanjavur - 613 001 (TN)	04362-230104 (O) 09626709001 (M) exweltnj@tn.gov.in
279.	18.	Nilgiris	Thiru.S.Chandrasekar,B.Co m Asstt Director Ex-Servicemen's Welfare Ex-Service Centre Goods Shed Road Udhagamandalam - 643 001	0423-2444078 (O) 0948728910 (M) exwelnlng@tn.gov.in
280.	19.	Theni	Thiru P.Sivathanu Pillai Asstt Director Ex-Servicemen's Welfare II Floor, Collectorate Complex, Theni-625 531	04546-252185 (O) 09486630672 (M) exwelthn@tn.gov.in
281.	20.	Thoothukudi	Thiru A.Don Poduva Fathima Maximas, Asstt Director Ex-Servicemen's Welfare Ex-Servicemen Centre 19-A, Warners Road Cantonment Tirchirapali – 628 003	0461-2321678 (O) 09940769680 (M) exweltut@tn.gov.in
282.	21.	Tiruchirapalli	Thiru C.Selvamoorthy,B.Sc., Asstt Director Ex-Servicemen's Welfare Ex-services Centre 19-1, Warners Road Cantonment, Tiruchirapalli-620 001	0431-2410579 (O) 09626709001 (M) exweltry@tn.gov.in
283.	22.	Thirunalveli	Maj (Retd) Boni Vincent Asst Director Ex-Servicemen's Welfare Ex-Services Centre Palayamkottai,	0462-2560440 (O) 09047099988 (M) exweltnv@tn.gov.in

			Tirunelveli - 627 002	
284.	23.	Thiruvallur	Ex.Lt.Cdr.Tmt.T Sangeetha Asstt Director Ex-Servicemen's Welfare No.6/25, Lal Bahadur Sastri J N Road, Thiruvallur - 602 001	044-27663163 (O) 0989433357 (M) exweltlr@tn.gov.in
285.	24.	Tiruvannamalai	Thiru R. Jayakumar Asstt Director Ex-Servicemen's Welfare 1 st Floor, Collectorate Complex Vengikkal, Tiruvannamalai – 606 604	04175-233047 (O) 09944517180 (M) exweltvm@tn.gov.in
286.	25.	Vellore	Maj (Retd) D Pragasam Deputy Director Ex-Servicemen's Welfare Jawans Bhavan Near Main Telephone Exchange, Vellore-632001	0416-2220432 (O) 09442230795 (M) exwelve@tn.gov.in
287.	26.	Villupuram	Vacant (Asst Director) Ex-Servicemen's Welfare Door No. 9, Palanivel Layout Villupuram – 605 602 (T N)	04146-220524 (O) 09486575695 (M) exwelvpm@tn.gov.in
288.	27.	Virudhunagar	Thiru. KR Santharam Asstt Director Ex-Servicemen's Welfare Ex-Services Centre 10, Periyaswamy Koil Street Srivilliputhur – 626 125	04563-260382 (O) 09894708429 (M) exwelvnr@tn.gov.in
UTTARAKHAND *				
289.	1.	Almora	Col (Retd) RP Joshi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Chaughanpata Almora - 263601 (UK)	05962-230246 (O) 05962-232210 (O) 05962-232210 (F) <u>zskalm@yahoo.com</u>
290.	2.	Bageshwar	Gp Capt (Retd) Arun Singh Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Kanda Road, Bageshwar (UK)-263642	05963-221751 (O) 05963-221751 (F) <u>zskbgr@yahoo.com</u>
291.	3.	Chamoli	Col (Retd) JPS Negi Zila Sainik Kalyan Evam Punarvas Adhikari	01372-252195 (O) 01372-251481 (O) 01372-251481 (F)

			Zila Sainik Kalyan Evam Punarvas Karyalaya Gopeshwar Chamoli - 246 401	09410162232 (M) zsk_gpr@hotmail.com
292.	4.	Champavat	Col (Retd) Chandan Singh Visht Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, District HQ Champavat (U'Khand)	05965-230893 (O) 05965-230883 (O) 05965-230883 (F) 09410139113 (M) zskchamp@hotmail.com
293.	5.	Dehradun	Brig(Retd) AN Bahuguna,KC, YSM, VSM, Director Zila Sainik Kalyan Evam Punarvas Karyalaya, Kalidass Marg, PO Hathi barkala Dehradun, Pin - 248 001	0135-2626091(O) 09319356362 (M) zskddn@gmail.com
294.	6.	Haridwar	Lt Col (Retd) Chander Pal Singh Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Roshanabad Hardwar – 249407	01334-250916 (O) 01334-250082 (O) 01334-250082 (F) 09358134048 (M) zharidwar@yahoo.in
295.	7.	Lansdown (Pauri Garhwal)	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Distt HQ, Lansdown – 246155	01386-262365 (O) 01386-263149 (O) 01386-263149 (F) 09412003292 (M) zsklnsdn@yahoo.co.in
296.	8.	Nainital (Haldwani)	Maj (Retd) B.S.Rautela Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital - 263 139	05946-281410 (O) 05946-221614 (O) 05946-281410 (F) 09412089171 (M) zsk_hal@rediffmail.com
297.	9.	Pauri (Garhwal)	Maj (Retd) MS Negi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pauri Garhwal Pin - 246 001	01368-220961 (O) 01368-223399 (O) 01368-223399 (F) 09412438392 (M) zskpauri@rediffmail.com
298.	10.	Pithoragarh	Col (Retd) Hari Singh Rawat Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam	05964-224185 (O) 05964-226771 (O) 05964-226771 (F) 05964-250494 (R)

			Punarvas Karyalaya District HQ, Pithoragarh – 01	zsk_pth@yahoo.com
299.	11.	Rudraprayag	Maj (Retd) PB Gurung Zila Sainik Kalyan Evam Punarvas Adhikari Karyalaya Sachchidanand Nagar Badrinath Marg, Rudraprayag (UK)-246 171	01364-233584 (O) 01364-233584 (F) <u>zsk_rudraprayag@rediffmail.com</u>
300.	12.	Tehri Garhwal	Lt Cmdr (Retd) Deepak Khanduddi Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya New Tehri, Tehri (Garhwal) – 249001	01376-232320 (O) 01376-234145 (O) 01376-234145 (F) 09412108443 (M) zsk.ntt2009@gmail.com
301.	13.	Udhamsingh Nagar	Lt Cdr(Retd) NN Tripathi Zila Sainik Kalyan Evam Punarvas Adhikari Karyalaya Shopping Complex, Rudrapur Udhamsingh Nagar-263153	05944-243435 (O) 05944-244826 (O) 05944-244826 (F) 09411706267 (M) <u>zskausm@gmail.com</u>
302.	14.	Uttarkashi	Col (Retd) RK Chand,SC Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	01374-222417 (O) 01374-223305 (O) 01374-223305 (F) 08979740114 (M) zskuki@rediffmail.com
UTTAR PRADESH				
303.	1.	Agra	Col (Retd) Umesh Chandra Dubey Zila Sainik Kalyan Evam Punarvas Adhikari Agra Pin - 282 001(UP)	0562-2260549 (O)
304.	2.	Aligarh	Lt Col (Retd) Arvind Kumar Zila Sainik Kalyan Evam Punarvas Adhikari Collectorate, Aligarh, Pin - 202001 (UP)	0571-2401763 (O) zskpaligarh@gmail.com
305.	3.	Allahabad	Col (Retd) KL Pathak Zila Sainik Kalyan Evam Punarvas Adhikari Allahabad - 211 001 (U P)	0532-2608454 (O)
306.	4.	Ambedkar Nagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Ambedkar Nagar (UP)	05271-246818 (O)

307.	5.	Azamgarh	Lt Col (Retd) Om Prakash Chouby Zila Sainik Kalyan Evam Punarvas Adhikari Azamgarh - 276 001 (U P)	0546-220820 (O)
308.	6.	Bahraich	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Bahraich - 271 801 (U P)	05252-2234775 (O)
309.	7.	Balia	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balua - 277 001 (U P)	05498-220350 (O)
310.	8.	Balrampur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Balrampur (UP)	05263-235086 (O)
311.	9.	Banda	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Banda - 210 001 (U P)	05192-285392 (O)
312.	10.	Barabanki	Lt Col (Retd) Satyadey Yaday Zila Sainik Kalyan Evam Punarvas Adhikari Barabanki - 225 001 (U P)	05248-222563 (O)
313.	11.	Bareilly	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bareilly - 243 001 (U P)	0581-2421794 (O)
314.	12.	Basti	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Basti - 272 001 (U P)	05542-246670 (O)
315.	13.	Badaun	Lt Col (Retd) Moher Singh Zila Sainik Kalyan Evam Punarvas Adhikari Badaun - 243 601 (U P)	05832-267122 (O)
316.	14.	Bhadohi - Sant Ravidasnagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Bhadohi (UP)	05414-251229 (O)
317.	15.	Bijnore	Maj (Retd) Vinod Kr Singh Zila Sainik Kalyan Evam Punarvas Adhikari Bijnore Pin - 246 701 (U P)	01342-262994 (O)
318.	16.	Bulandshar	GP. Capt Girish Kumar Jahori Zila Sainik Kalyan Evam Punarvas Adhikari Bulandshahr – 203 001 (U	05732-282562 (O)

			P)	
319.	17.	Chandauli	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chandauli (UP)	05412-260126 (O)
320.	18.	Chitrakoot	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Chitrakoot (UP)	05198-236475 (O)
321.	19.	Deoria	Maj (Retd) Rameshwar Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Deoria - 274 001 (U P)	05568-222450 (O) 05568-260667 (R)
322.	20.	Etah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etah - 207 001 (U P)	05742-233753 (O)
323.	21.	Etawah	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Etawah – 206001(UP)	05688-254167 (O)
324.	22.	Faizabad	Lt. Col S Harad Bhatt Zila Sainik Kalyan Evam Punarvas Adhikari Faizabad - 224 001 (U P)	05278-222184 (O)
325.	23.	Farrukhabad - Fatehgarh	Col (Retd) John Tiwari Zila Sainik Kalyan Evam Punarvas Adhikari Fatehgarh - 209 601(U P)	05692-234659 (O)
326.	24.	Fatehpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Fatehpur - 212 601 (U P)	05180-224232 (O)
327.	25.	Firozabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Firozabad - 283 203 (U P)	05612-230944 (O)
328.	26.	Gautambudh Nagar	Wg Cdr (Retd) Mahesh Chander Panday Zila Sainik Kalyan Evam Punarvas Adhikari Old Degree College, Sector- 19 Gautambudh Nagar (UP)	0120-4544814 (O)
329.	27.	Ghaziabad	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari KH-171, New Kavi Nagar Ghaziabad - 201 001 (U P)	0120-2822643 (O)
330.	28.	Ghazipur	Vacant	0548-2220240 (O)

			Zila Sainik Kalyan Evam Punarvas Adhikari Ghazipur – 233 001 (U P)	
331.	29.	Gonda	Maj (Retd) Rajendar Singh Zila Sainik Kalyan Evam Punarvas Adhikari, Gonda - 271 001 (UP)	05262-230038 (O)
332.	30.	Gorakhpur	Maj (Retd) Ram Mohan Pandey Zila Sainik Kalyan Evam Punarvas Adhikari Gorakhpur - 273 001 (U P)	0551-2337643 (O)
333.	31.	Hamirpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Hamirpur – 210 301 (U P)	05282-222319 (O)
334.	32.	Hardoi	Col (Retd) Laxmi Kant Tiwari Zila Sainik Kalyan Evam Punarvas Adhikari Hardoi - 241 001 (U P)	05852-234733 (O)
335.	33.	Hathras	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Hathras (UP)	05722-237906 (O)
336.	34.	Jalaun - Orai	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jalaun - 285 001, (U P)	05162-252798 (O)
337.	35.	Jaunpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jaunpur - 222 001, (U P)	05452-261110 (O)
338.	36.	Jhansi	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jhansi - 284 001 (U P)	0510-2470049 (O)
339.	37.	Jotiba Phulenagar	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Jotiba Phulenagar- 244261,(UP)	0592-2225374 (O) 0592-259988 (F)
340.	38.	Kanpur Dehat	Maj (Retd) Shiv Vijay Singh Zila Sainik Kalyan Evam Punarvas Adhikari Kanpur Dehat - 208 001, (U P)	05111-286033 (O)
341.	39.	Kanpur Nagar	Capt (Retd) Sharad Kr Singh Zila Sainik Kalyan Evam Punarvas Adhikari Kanpur Nagar - 208 001, (U P)	0512-2306648 (O)

342.	40.	Kaushambi	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari, Kaushambi, (U P)	05331-235642 (O)
343.	41.	Kheri	Col (Retd) Chandra Prakash Misra Zila Sainik Kalyan Evam Punarvas Adhikari Lakhimpur, Khiri - 260 701 (UP)	05872-252757 (O)
344.	42.	Kushinagar	Col Arun Prakash Pandy Zila Sainik Kalyan Evam Punarvas Adhikari, Kushinagar	05564-246210 (O)
345.	43.	Lucknow	Col (Retd) Hirdey Narayan Kaushal Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan, Kaiserbagh Lucknow – 226 001 (U P)	0522-2622367 (O)
346.	44.	Maharaj Ganj	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Maharaj Ganj - 273 303 (U P)	05523-223863 (O)
347.	45.	Mahoba	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mahoba - 210 421 (UP)	05281-253032 (O)
348.	46.	Mainpuri	Maj (Retd) Suresh Chandra Yadav Zila Sainik Kalyan Evam Punarvas Adhikari Mainpuri – 205 001 (U P)	05672-234890 (O)
349.	47.	Mathura	Gp Capt (Retd) Vijay Krishan Dutta Zila Sainik Kalyan Evam Punarvas Adhikari Mathura - 281 001 (U P)	0565-2505749 (O)
350.	48.	Mau	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mau - 275 101 (U P)	0547-2225816 (O)
351.	49.	Meerut	Lt Col (Retd) Dilip Kr Dass Zila Sainik Kalyan Evam Punarvas Adhikari Meerut - 250 001 (U P)	0121-2644551(O)
352.	50.	Mirzapur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Mirzapur – 231 001 (U P)	05442-256372 (O)
353.	51.	Moradabad	Col (Retd) Naresh Kumar	0591-2412260 (O)

			Singh Zila Sainik Kalyan Evam Punarvas Adhikari Moradabad - 244 001 (UP)	
354.	52.	Muzaffarnagar	Maj (Retd) Sanjai Srivastava Zila Sainik Kalyan Evam Punarvas Adhikari Muzaffarnagar - 251 001 (U P)	0131-2437623 (O)
355.	53.	Pilibhit	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Pilibhit – 262 001 (U P)	05882-258882 (O)
356.	54.	Pratapgarh	Lt. Col Rakesh Kr. Singh Zila Sainik Kalyan Evam Punarvas Adhikari Pratapgarh - 230 001 (U P)	05342-220891 (O)
357.	55.	Rampur	Zila Sainik Kalyan Evam Punarvas Adhikari Rampur- (UP)	0595-2350022 (O)
358.	56.	Raibareilly	Wg Cdr(Retd) SN Diwedi Zila Sainik Kalyan Evam Punarvas Adhikari, Sainik Bhawan Near Collectorate Building Raibareilly - 229 001 (U P)	0535-2203554 (O)
359.	57.	Saharanpur	Gp Capt (Retd) J.S.Chouhan Zila Sainik Kalyan Evam Punarvas Adhikari Saharanpur Pin - 247 001 (U P)	0132-2643629 (O)
360.	58.	Shahjahanpur	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Shahjahanpur - 242 001 (UP)	05842-223005 (O)
361.	59.	Siddharth Nagar	Zila Sainik Kalyan Evam Punarvas Adhikari, Khajuriya Road Siddharth Nagar-272 207 (UP)	05544-220345 (O)
362.	60.	Sitapur	Col (Retd) Arvind Khare Zila Sainik Kalyan Evam Punarvas Adhikari, Sitapur - 261001 (UP)	05862-242055 (O)
363.	61.	Sonbhadra	Vacant Zila Sainik Kalyan Evam Punarvas Adhikari Sonbhadra – 231 216 (U P)	05444-223885 (O)
364.	62.	Sravasti	Zila Sainik Kalyan Evam Punarvas Adhikari	05250-222654 (O)

			Dhavasti Tehsil Compound Post Bhinaga, Sravasti (UP)	
365.	63.	Sultanpur	Sri Shyan Lal Zila Sainik Kalyan Evam Punarvas Adhikari Sultanpur - 228 001 (U P)	0536-240416 (O)
366.	64.	Unnao	SQ. Leader Madhu Mishra Zila Sainik Kalyan Evam Punarvas Adhikari, Unnao- 209801 (U P)	0515-2820544 (O)
367.	65.	Varanasi	Maj (Retd) MA Ansari Zila Sainik Kalyan Evam Punarvas Adhikari Varanasi - 221 001 (U P)	0542-2508254 (O)
368.	66.	Kanshiram Nagar	Vacant	
369.	67.	Sant Kabirdas	Vacant	
370.	68.	Bagpat	Col (Retd) Suresh Kumar Zila Sainik Kalya Adhikari Bagpat	
371.	69.	Auraiya	Vacant	
372.	70.	Lalitpur	Vacant	
373.	71.	Kannoj	Vacant	
WEST BENGAL *				
374.	1.	Behrampore Distt Murshidabad (WB)	Maj (Retd) DR Chatterjee Secretary Zila Sainik Board 7/A, Barrack Square, PO- Behrampore Murshidabad (WB) – 742 101	03482-277459 (O) <u>zsbmurshidabad@yahoo.in</u>
375.	2.	Burdwan	Cdr (Retd) S Biswas NM Secretary Zila Sainik Board, Sainik Bhavan, Barnoilpur Road, PO- Sripally Distt-Burdwan – 713 103	0342-2644782 (O) 03422625703 (O) 09831222277 (M) <u>zsbdbn@yahoo.com</u>
376.	3.	Dakshin Dinajpur + Uttar Dinajpur	Sqn Ldr (Retd) S Chakraborty Secretary Zila Sainik Board, Raghunathpur PO: Beltlala Park West Bengal – 733 103	03522-258175 (O) 03522-258175 (O) 03522-255488 (O) 09433313068 (M) <u>zilasainikboarddd@gmail.com</u>
377.	4.	Darjeeling	Vacant Secretary Zila Sainik Board Sainik Bhavan Kutchery Compound Darjeeling – 734 101	0354-2254056 (O) 09434044501 (M) <u>secyzsbdj@dataone.in</u> <u>zsbdarjeeling@gmail.com</u>

378.	5.	Howrah +Hooghly	Lt Col (Retd) Bidyut Chakraborty Secretary, Zila Sainik Board 5th Floor, New Collectorate Building Howrah Pin – 711 101	033-26414694 (O) 033-26603367 (F) 09339828994 (M) <u>zsbhowrah@yahoo.in</u>
379.	6.	Jalpaiguri +Cooch-Bihar	Capt (Retd) Rama Kant Jaiswal Secretary Zila Sainik Board Collectorate Complex Jalpaiguri Pin - 735101	03561-230848 (O) 09434258405 (M) <u>zsbjal@gmail.com</u>
380.	7.	Kolkata	Wg Cdr (Retd) Bhaskar Ghosh Secretary Zila Sainik Board Sainik Bhavan, 1/4, Acharya Jagdish Bose Road, Kolkata Pin - 700 020	033-22233893 (O) 09874510300 (M) <u>zilasainikboardkolkata@yahoo.in</u>
381.	8.	Malda	Maj (Retd) KK Chatterjee Secretary Zila Sainik Board, Malda Collectorate Building, PO + Dist – Malda Pin – 732101	03512-223546 (O) 09474893153 (M) <u>zsbmalda@yahoo.in</u>
382.	9.	Midnapore + West Midnapore + Bankura + Purulia	Vacant Secretary Zila Sainik Board Midnapore Sainik Bhavan, Rabindranagar PO + Dist- Paschim Midnapore Pin – 721101	03222-275874 (O) 0322-275427 (F) 09432267923 (M) <u>zsb.midnapore@yahoo.com</u>
383.	10.	Nadia (Krishnagar)	Vacant Zila Sainik Board Krishnagar Administrative Building, PO- Krishnagar Dist- Nadia, Pin- 741101	03472-252287 (O) 03472-253030 (O) <u>zsbnadia@yahoo.com</u>
384.	11.	24 Pgs (North)	Vacant Secretary, Zila Sainik Board o/o. Minority Affairs Bhavan West Banamalipur, PO- Barasat Dist-24 Pgs (North), Pin-743 201	033-25628538 (O) 09239025107 (M) <u>zsbbarasat@yahoo.in</u>

385.	12.	Alipore, 24 Pgs (South)	Vacant Secretary, Zila Sainik Board, New Administrative Building, West Lobby(3rd Floor) PO- Alipore, Kolkata 700 027	033-24790542 (O) 033-24793456 (F) <u>zsbalipore@yahoo.in</u>
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